



**Couchiching**  
Ontario Health Team

## **Orillia New To Practice Project (ON ToP)**

A COHT Initiative for Primary Care Providers

Version 6 – May 27, 2025

## **Table of Contents**

<b>Section 1: Referral Pathways Introduction</b>	<b>4</b>
Addiction Medicine	5-6
Allergy and Immunology	6
Anesthesia	6
Audiology, Speech and Language, Swallowing	6-7
Bariatric Medicine/Surgery	7
Cardiology	7-9
Chiropody, Pedorthics and Prosthetics	9
Dental	9
Dermatology/Wound Care	10-11
Endocrinology	11
ENT	11-12
Gastroenterology	12-13
General Surgery (Including Breast and ERCP)	13-14
Genetics	14
Geriatrics	14-15
Hematology	15-16
Ontario Health At Home	16
Indigenous Health	16
Infectious Diseases	16-17
Mental Health-Adult	17-19
Mental Health-Pediatric	19-21
Nephrology	22
Neurofibromatosis Clinic	22
Neurology	22-23
Neurosurgery	23
Obstetrics/Gynecology	24-26
Oncology	26-27
Ophthalmology	27-28
Orthopedics	28-29
Osteoporosis	29
Pain Clinics	29-30
Palliative Care	30-31
Pediatrics	31-33
Pharmacy-Speciality and Drug Vigilance	33
Physiatry	33-34
Physiotherapy and OT Services in Orillia and Area	34
Plastic Surgery (Including Sentinel Node Biopsy)	34-35
Public Health	35
Radiation Oncology	36
Radiology (Imaging)	36
Respirology	36-37
Rheumatology	37-38
Sleep Medicine	38

Social Services	39
Sports Medicine	39-40
Thoracic Surgery	40
Travel Medicine	40
Urology	40-41
Vascular Surgery	41
Wound Care (see Dermatology)	
WSIB	41
Misc. Programs and Subspecialties:	
• Sexual Assault/Domestic Violence	41
• Neuromuscular and Neurometabolic Disorders	42
Private Community Services	42
RVH Medial Staff Address List	42
<b>Section 2: Ontario Programming Requiring Registration –For PCP</b>	43
ONE ID	43
OTN-Ontario Telemedicine Network	43
Connecting Ontario	43
Digital Health Drug Repository	43
SADIE-Digital Portal for Accessing Exceptional Access Programs	44
eCHN-Electronic Children’s Health Network	44
SARS-Screening Activity Report	44
Health Quality Ontario	44
Ocean by CognisantMD	44
Rapid Access Clinic-Low Back Pain	44-45
PrescribeIT	45
Simcoe Muskoka District Health Unit (SMDHU) STI Medication Program	45
Telus EMR	45
WSIB	45
CME	46
OMA Contacts	46
PaRX	46
Privacy	46
<b>Section 3: Leadership/Volunteer Opportunities</b>	47-48

## Section 1: Referral Pathways

### Introduction

This document hopes to serve as a reference for Orillia and area new to practice primary care providers for referrals to subspecialties in addition to the available specialists in Orillia. Please see the OSMH website ([www.osmh.on.ca](http://www.osmh.on.ca)) for the bio's of credentialed staff for information on the availability and breadth of local specialist care. Efforts will be made to update the information to acknowledge new regional consultants or programs. While best efforts have been made to compile this information, there may be gaps in information. Feedback in this regard will help to improve future iterations. Please contact Kim Leatherdale ([k.leatherdale@cfht.ca](mailto:k.leatherdale@cfht.ca)) with your comments.

Many of the Couchiching Family Health Team (CFHT) programs are mentioned in the listings below but should not be considered an all-inclusive review of CFHT programming.

The referenced **custom forms** in Practice Solutions EMR are noted in **bold font**. Referenced handouts in the EMR are noted by an underline. Some specialists insist on their referral form be filled in order to accept the referral (noted if known in the MD info area). Most do not and will accept a standard referral letter.

Consider also Telemedicine which includes Telederm. Contact Jen Maxwell at the CFHT for details ([j.maxwell@cfht.ca](mailto:j.maxwell@cfht.ca) Phone: 705-329-3649 Ext. 220 or message within FHT EMR to JLM) or **CFHT Referral-OTN Cardio, Clinical or Derm Referral**. Consider also eConsult (see OTN information for on-boarding). For both of these programs it is not necessary to know the name of a specialist. Referral can be made to a specialty group.

If this set of specialists' information or the above suggestion (eConsult or Telemedicine) does not address the patient's clinical need, see the CPSO site ([www.cpso.on.ca](http://www.cpso.on.ca)) for further physician names and contact info. The advanced search part of the site is very helpful  
<https://doctors.cpso.on.ca/?search=general>

Wait times can be an issue that can compromise your patient's care. If the assigned wait time seems excessive for your patient's acuity, contact the specialist's office to advise of the urgency or get advice about alternative specialists who may have shorter wait times. Patients may also be able to call different offices to get a sense of wait times.

## Addiction Medicine

See Addictions Resource in Orillia and Area under Patient Handouts

Barrie Detox: patient can self refer for nonmedical alcohol and drug withdrawal management center  
Phone: 705-728-4226 Fax: 705-728-7309

### Opioid-Referral CAMH

**CFHT Referral-Pharmacist:** Pharmacists offer assistance to patients with opioid education and tapering. This service is not for patients with a substance abuse disorder-those patients should continue to be referred to RAAM. For more information contact Thomas Jilek, Clinical Pharmacist at [t.jilek@cfht.ca](mailto:t.jilek@cfht.ca)  
Phone: 705-329-3649 Ext. 296.

Chippewas of Rama Addiction Program, Rama: Phone: 705-325-3611 Ext.1423

CMHA, Orillia: adult and youth addiction (including gambling) services, community withdrawal management, inpatient treatment referrals Phone: 705-329-5846 Crisis Phone: 705-728-5044 also 1-888-893-8333. For a youth referral use Child & Youth Counselling Services.

CMHA Addiction Clinical Consultation Service: consultation service for PCPs for advice on drug interactions, counselling and medical complications Phone 1-888-720-2227 [www.camh.net](http://www.camh.net)

Enaahitig Healing Lodge and Learning Center Orillia: see **Indigenous Health Section**

Georgian Bay Native Friendship Centre, Midland: community treatment of alcohol/drug issues Phone: 705-526-5589

Georgianwood Concurrent Disorders Program, Penetanguishene: inpatient treatment approx. 3 months for substance abuse disorder and another mental illness Phone: 1-877-341-4729

RAAM NSM Rapid Access Addiction Medicine Service, Orillia: patient can self refer, Suboxone treatment  
Phone: 705-797-3095 Telephone Support 705-728-4226 **Addiction Medicine Referral – RAAM Rapid Access** RAAM Patient Handout NSM Rapid Access Addiction Medicine RAAM Clinics (NSM Rapid Access Addiction Medicine) MH Handout NSM RAAM

RAAM, Barrie Phone: 705-797-3095

RAAM, Midland Phone: 705-797-3095

RVH Residential Withdrawal Management Service: age 16+, nonmedical withdrawal service, average stay 3-5days, patient can self refer Phone: 705-728-4226 (24/7) Fax: 705-728-7308

Seven South Street Treatment Centre, Orillia: offers a three month client directed, abstinence based program for men nineteen years and over with drug/alcohol addiction, patient can self refer Phone: 705-325-3566

Simcoe Recovery Referral Form Barrie: outpatient management of addictions Phone: 705-252-7999 Fax: 705-252-7899

Bellwood Rehab, Toronto: residential treatment Phone: 1-866-475-3254 Fax: 1-416-495-7943

Homewood Health Centre Referral Information: residential treatment program including addictions, eating disorders (NB the CFHT dietician may be helpful as a transitional support while waiting for admission to a formal program)

## ***Allergy and Immunology***

Dr. Jessica Clark, Barrie: pediatric allergy and immunology Phone: 705-737-3945 Fax: 705-503-1180

Dr. David Fischer, Barrie: adults, Phone: 705-727-7650, Private Phone: 705-727-7750, Fax: 705-727-7670

Dr. Derek Haaland, Barrie: adults, see ***Rheumatology***

Dr. Milos Krajny, Orillia: Phone: 705-329-2531 Fax: 705-329-1049

York Allergy, Asthma and Immunology Center, Richmond Hill: Phone: 1-905-884-5638 Fax: 1-905-884-8068

## **Women's College Hospital - Environmental Clinic**

## ***Anesthesia (See also Pain Clinic)***

**OSMH-Anesthetic Consult Request Referral Form**

**OSMH-Orillia Anesthesia Procedure Clinic Referral Form**: interventional anesthesia for pain

## ***Audiology, Speech and Language, and Swallowing***

### ***Audiology***

Audia Hearing Aid Center, Orillia (also Midland, Penetanguishene, Gravenhurst, Elmvale): audiograms and hearing aids Phone: 705-242-4739

Barrie Ear Clinic Phone: 705-727-0005 Fax: 705-721-8817

Connect Hearing (formerly Ellis Hearing): Phone: 705-326-0823

Infant Hearing Program, Barrie: Phone: 705-728-9090 Ext. 47122 Fax: 705-739-5674. See also RVH-audiology services.

Audiology Services, Orillia: Tiffany Brill with Drs. Price-Jones and Ngo Phone: 705-326-5852 Fax: 705-326-8401 **Audiology Referral - T.Brill\_Price Jones\_Ngo 2021**

Hearing Canada, Orillia: Phone: 705-326-5909 Fax: 705-326-7902

**Audiology Referral - RVH**: if baby missed infant hearing test, send here after 8m or older Phone: 705-739-5625 Fax: 705-739-5674

Sharpe Hearing Clinic, Barrie & Coldwater: as recommended by Dr. A. Wong, ENT Phone: 705-792-9494 Fax: 705-792-4510

**Audiology Referral - Umbrella Hearing**, Orillia: audiology and hearing aids, Phone: 705-325-3375 Fax: 705-325-4408

### ***Speech and Language***

Children's Speech and Hearing Clinic, RVH: Pre-school, Orillia patients seen at Common Roof on Front St.  
Phone: 705-739-5695 Fax: 705-739-5674 **Peds Referral - Childrens Treatment Network Referral 2022**

**OSMH-Outpatient Rehab Form:** adult speech and language in context of rehab day hospital

Orillia & Area Speech Therapists: private speech therapists practicing in Orillia and area

### ***Swallowing***

**OSMH-Videofluoroscopic Swallowing Study Referral**

RVH-Outpatient Rehabilitation Services: swallowing clinic, adult speech

## ***Bariatric Medicine/Surgery***

Ontario Bariatric Network- 11 centres including some listed below. Both medical and surgical programs.  
Physician on-boarding required to be able to refer. Bariatric Registry:

<https://www.ontariobariatricnetwork.ca/referring-physicians> Phone: 1-800-268-2370

Guelph General Hospital Bariatric Program: surgery Phone: 1-519-837-6440 Fax: 1-519-837-6773

Humber River Regional Hospital, Bariatrics Unit: surgery Phone: 1-416-242-1000 Ext. 23406 Fax: 1-416-747-3731

Dr. John Hagen, Toronto: gastric bypass or lap band Phone: 416-747-3720 Fax: 416-747-3731 email referral to [www.bariatricregistry.ca](http://www.bariatricregistry.ca)

Dr. Chris Cobourn, Mississauga Surgical Weight Loss Center: lap band procedure Phone: 905-278-8000 Fax: 1-905-275-1582

Dr. Poon: medicine, see ***Endocrinology***

Dr. David Starr, Humber River regional Hospital: online referral process through Bariatric Registry Phone: 1-416-242-1000 Ext. 23406

Dr. Zatelny, Barrie: medicine, see ***Endocrinology***

**York Weight Loss and Internal Medicine-Dr. David Attalla**

## ***Cardiology***

ACES OSMH URGENT cardiac assessment (stress test, ECG, Holter, loop monitor): **OSMH-Acute Cardiac Evaluation Services ACES (2019)** or **OSMH-Cardio Diagnostics Requisition & ACES Referral (includes stress test)**

OSMH NONURGENT cardiac assessment (ECG, Holter, ambulatory BP, stress testing, nuclear perfusion studies): **OSMH-Cardio Diagnostics Requisition and ACES Referral** or **OSMH-Cardiorespiratory Requisition Form 2019**

Echo availability in Orillia: **Cardio Referral-PACE Referral 2019** (Echo's done at OSMH) and **Imaging-Orillia Diagnostic Services Echocardiogram Requisition**

Transesophageal Echo: Southlake Hospital

COHT CHF clinic: CHF management on urgent, semi urgent and chronic basis: **COHT Referral - Chronic Disease HUB Central Referral (COPD & CHF)**

**OSMH-Cardiovascular Rehabilitation Program 2024**

**OSMH-Cardioversion Request Referral Form 2019**

Orillia General Internal Medicine:

Dr. Deven Bhatt Phone: 705-325-4414 Fax: 705-330-0250

Dr. Sean Crewe Phone: 705-325-2201 (sees patients at OSMH only-no office)

Dr. John MacFadyen Phone: 705-325-1120 Private Phone: 705-325-1146 Fax: 705-325-1185

Dr. Alex Meadley Phone: 705-325-1120 Private Phone: 705-325-1146 Fax: 705-325-1185

Atrium Cardiology, Barrie: consultation and testing Drs. Alkanyyah, Stainhouse, Zia, Overgaard and Singh  
**Cardiac Diagnostics and Imaging - Atrium Cardiology and Imaging**

Georgian Cardiology, Barrie: consultation and testing including stress echo, Drs Jaskaran Kang, Joshua Manolakos, Stephen Pizalle, **Cardio Referral-Georgian Cardiology Associates Referral 2022** Phone: 705-735-1111 Fax: 705-735-1888

**Muskoka Algonquin Healthcare-Diagnostic Imaging-Echocardiogram**, Huntsville and Bracebridge

**Muskoka Algonquin Healthcare-Cardiorespiratory Requisition 2023**

PACE, Barrie: consultation and testing, pediatric echo, Holter and cardiometabolic clinic, Drs. Brad Dibble, Kristen Chen **Cardio Referral-PACE Referral 2019**

PACE, Newmarket: Drs. Chun, Habot, Khaykin, Tsang, Goldman, Patano, Wulffhart, **Cardio Referral-PACE Referral 2019** Phone: 1-905-953-7917 Fax: 1-905-953-0046

**RVH – Cardiac Diagnostics - Pacemaker Follow Up Clinic**

**Southlake - Heart Rhythm Program Procedure Referral\***

**Southlake - Integrated Physiology Referral\***

**Southlake - Transcatheter Aortic Valve Implantation (TAVI) Referral\***

**Southlake-Valvular Heart Disease Referral\***

*\*Note: for all Southlake Cardiac Procedures provide patient with patient guide found at [https://southlake.ca/wp-content/uploads/2019/08/SL0555\\_21 -A-Patients-Guide-to-Cardiac-Surgery-Booklet.pdf](https://southlake.ca/wp-content/uploads/2019/08/SL0555_21-A-Patients-Guide-to-Cardiac-Surgery-Booklet.pdf) or provide them with website to look at information (46 pages)*

Sunnybrook TAVI Clinic Phone: 1-416-480-5254 Fax: 1-416-480-5404



Dr. Roland Beaulieu: pediatric cardiology from HSC with regular clinics in Orillia, refer to Orillia pediatrician **Cardio Peds Referral-Your Kids Heart-Dr. Roland Beaulieu Orillia/Barrie** first Phone: 1-416-282-9198 Fax: 1-416-282-989

Dr. Bruce Burke, Barrie Phone: 705-722-8090 Fax: 705-722-7142

Dr. Lynne Nield: pediatric cardiology, see **Pediatrics**

Dr. Mohit Singla, Newmarket: pediatric and adult congenital heart Phone: 1-647-545-4080 Fax: 1-647-494-8687

Holter by mail: **Cardiac Diagnostics - m-Health Solutions – Holter Requisition 2022** Phone: 1-888-636-0186 Fax: 1-888-636-0181

### ***Chiropody, Pedorthics and Prosthetics***

Heather Bremner Prosthetics, Orillia: prosthetics and unloading braces- patient can make own appointment but will need prescription for device Phone: 705-329-1765 Fax: 705-327-5401

Bioped Footcare, Orillia: orthotics and prosthetics Phone: 705-259-5020 Fax: 705-259-5025 **Orthotics - Bioped Referral and Prescription Form 2023**

**CFHT Referral -Chiropody Services:** for patients without private insurance coverage

Maximum Mobility, Orillia: assistive devices including walkers and scooters, compression stockings, bracing, repairs Phone: 705-326-8157 Fax: 705-326-1132

Think Feet, Orillia: Sheilagh Rose and Ed Molloy, chiropody/podiatry Phone: 705-329-0908 Fax: 705-329-4305

Stride Clinic (formerly Wood Pedorthic): Orillia, orthotics, footwear, bracing Phone: 705-326-5808 Fax: 705-326-9044 **Orthotics-Stride Clinic Orillia/Barrie Referral 2022**

Wellwise by Shopper's, Orillia: bracing, compression hose, incontinence products, CPAP and ostomy products Phone: 705-325-8855

### ***Dental***

OSMH dentist on call: contact ER or switchboard for list, not an OHIP benefit

Dr. Donald Farquhar, Penetanguishene: Mandibular Advancement for OSA, not an OHIP benefit Phone: 1-705-526-4244 Fax: 1-705-526-0233

Dr. Gary Henderson, Midhurst: TMJ specialist, not an OHIP benefit Phone: 705-726-5811 Fax: 705-726-5812

Huron Oral Surgery Group, Barrie: maxillofacial surgery Drs. MacNichol, Jackson, Gator and Mokhtari Phone: 705-302-0357 Fax: 705-734-0154

## ***Dermatology/Wound Care***

Hyperhidrosis surgery, see York Thoracic Surgery Associates

Dr. Maryam Alam, Barrie: general derm Phone: 705-503-6333 Private Phone: 705-503-3336 Fax: 705-503-6330

Dr. Trevor Champagne- very good telemedicine consults thru CFHT but also will see patients in Toronto Phone: 1-416-323-7546 Fax: 1-416-323-6236

Dr. Stephanie Cote, Collingwood: FP with a focused practice in dermatology Phone: 1-705-293-8500 Fax: 1-705-293-9292

HSC Dermatology Clinic Fax: 1-416-813-72456

Dr. Kathleen Katipunan, Barrie: general derm + cosmetics Phone: 705-735-4483 Fax: 705-915-0551

**Dermatology Referral - Dr. Katipunam 2022 (form mandatory for referral)**

Dr. A.M. Katz, Newmarket Phone: 1-905-836-1454 Fax: 1-905-836-1585

Dr. Kersti Kents, Bracebridge: general derm + cosmetics Phone: 1-705-637-0777 Fax: 1-705-418-0258

Dr. Lukas Kieswetter, Barrie: pediatric derm + cosmetics **Lukas W. Kieswetter-Pediatric Dermatology** Phone: 705-735-4483 Fax: 705-915-0551

Dr. Akerke Baibergenova, Richmond Hill: light therapy for psoriasis Phone: 1-905-773-1599 Fax: 1-905-773-3515

Dr. Seema Agarwal Math, Newmarket: non-healing wounds, diabetic foot ulcer, sudden sensorineural hearing loss. **O2 York Hyperbaric Medicine Center Referral Form** Phone: 1-289-803-9119 Fax 1-905-235-1277 Email [patientcare@yorkbot.com](mailto:patientcare@yorkbot.com)

FullCircleDerm, Dr. Meghan MacGillivray, Barrie: focus on acne and rosacea Phone: 705-252-0551 Fax: 705-252-0128

DermCafé: virtual only derm referrals. Scope of care includes acne, facial rashes, psoriasis. Patient must have an email to be referred. <https://www.dermcafecanada.com>

North 404 Wound Care, Newmarket: wound care for diabetic ulcers, non-healing wounds, burn healing Phone: 1-289-803-9119

Comprehensive Wound Care Clinic, Newmarket Phone: 1-289-803-9119 Fax: 1-905-235-1277

Oak Ridges Dermatology, Richmond Hill Phone: 1-905-773-1559 Fax: 1-905-773-3515

### **RVH-Skin Cancer Clinic Referral Form**

Dr. Ron Sibbald, Mississauga: chronic ulcers, Phone: 1-905-273-9009 Fax: 1-905-273-6409

**Dermatology Referral - SimcoDerm Referral Form**, Barrie: Dr. Alam + plastic surgery Phone: 705-503-6333 Fax: 705-503-6330

Sunnybrook Dermatology Clinic, Toronto Phone: 1-416-480-4908 Fax: 1-416-480-6897

Sunnybrook Melanoma Clinic, Toronto Phone: 1-416-480-4908 Fax: 416-480-6002

Sunnybrook Pigmented Lesion Clinic: surveillance of pigmented lesions Phone: 1-416-480-4205 Fax: 1-416-480-6179

Telederm: CFHT RN takes photos for the dermatologist for review Phone: 705-327-4141 X 220 Fax: 705-327-5923 **CFHT Referral - OTN Clinical Referral** (NB-fax to local Fax #)

## ***Endocrinology***

OSMH Diabetes Education Center: new start insulin, dietician, diabetes education RN, etc. supported by Drs. MacFadyen and Meadley **OSMH-DEC Diabetes Education Centre 2014**

Dr. John MacFadyen, Orillia: general internist with special interest in DM care including T1DM, access through OSMH DEC and his office Phone: 705-325-1120 private Phone: 705-325-1146 Fax: 705-325-1185

Dr. Alex Meadley, Orillia: general internist with interest in DM care excluding T1DM, access through DEC and his office Phone: 705-325-1120 Fax: 705-325-1185

**Simcoe Diabetes Cardio Renal Clinic Referral** run by Drs. MacFadyen and Meadley

### **RVH –Adult Diabetic Clinic Referral 2018**

Dr. Diane Zatelny, Barrie: general endocrinology, DM, obesity, osteoporosis Phone: 705-734-3888 Fax: 705-726-0806

Dr. Hani Alasaad, Barrie Phone: 1-866-701-3636 Ext. 450 Fax: 1-877-562-2778

Drs. Harpreet and Salam, Barrie Phone: 705-737-0830 Fax: 705-737-0679 **Endocrinology Referral - LMC Diabetes & Endocrinology Referral Form**

Dr. Diane Murzi, Barrie: endocrinology, DM Phone: 705-734-9096 Ext. 283 Fax: 705-719-4877

Dr. Kwok Poon, Thornhill: metabolic diet clinic, Phone: 1-905-771-7600 Fax: 1-905-771-9600

Dr. A. Telner, Barrie: endocrinology Phone: 705-737-0830 Fax: 705-737-0679

Dr. Huan Yu, Barrie: endocrinology, thyroid, osteoporosis, diabetes Phone: 705-737-0830 Fax: 1-877-562-2778

Dr. Stephen Zborovski, Barrie: pediatric endocrinology, Phone: 705-728-3766 Fax: 705-728-3757

## ***ENT***

Dr. Ken Ngo, Orillia: does tonsillectomy, thyroid and parathyroid surgery Phone: 705-326-7779 Fax: 705-326-9969 cell 705-345-6015

Dr. Greg Price-Jones, Orillia: does not do tonsillectomy or thyroid surgery Phone: 705-325-5852 Private Phone: 705-326-5853 Fax: 705-326-8401

Dr. Robert Ballagh, Barrie Phone: 705-726-6966 Fax: 705-725-7330

Dr. Robert Hekkenberg, Barrie Phone: 705-726-6900 Fax: 705-725-7330, also affiliated with RVH oncology program

Dr. Ed Park, Barrie Phone: 705-728-8066 Fax: 705-725-7330

Dr. Adrienne Wong, Barrie: general ENT+ care of the aging voice, vocal cord injections Phone: 705-915-3700 Fax: 705-915-3701

Dr. Jay Wong, Barrie Phone: 705-728-8066 Ext. 5 Fax: 705-725-7330

Dr. Seema Agarwal Math, Newmarket: sudden sensorineural hearing loss Phone: 1-289-803-9119 Fax 1-905-235-1277 Email [patientcare@yorkbot.com](mailto:patientcare@yorkbot.com)

Dr. Donald Farquhar, Penetanguishene: Mandibular Advancement for OSA, see **Dental**

Dr. Gary Henderson: DDS, TMJ, see **Dental**

Dr. Richard Rival: ENT plastic surgeon, see **Plastic Surgery**

## **Gastroenterology**

Dr. Nitasha Anand, Orillia: gastroenterology, Hepatitis C treatment program, biologics for inflammatory bowel disease Phone: 705-326-2443 Fax: 705-326-2444

### **Lab-PHL Hepatitis C (HCV) RNA Test Requisition**

OSMH-Colorectal Cancer Screening Program Colonoscopy Referral: for FIT positive patient or a positive family history

**Barrie Endoscopy Referral Form 2021**, Barrie: nonhospital endoscopy, only healthy patients. Need to use form for referral.

**Gastroenterology and Endoscopy Referral - Barrie GI Associates 2021**, Barrie: Drs. Lindsay Crabbe, Kyle Fortinsky, Doug Hemphill, and Rima Petroniene (interest in IBD, capsule endoscopy). Dr. Fortinsky (performs ERCP and endo u/s. Pillcam endoscopy)

Dr. Walter Kutcher, Barrie: gastroenterology Phone: 705-721-3344 Fax: 705-721-5522

Dr. Eoin Lalor, Barrie: gastroenterologist Phone: 705-719-3996 Fax: 705-719-3996 **Gastroenterology and Endoscopy Referral - Dr E A Lalor**

### **Innisfil Endoscopy Suites Referral Form 2023**

Dr. Piero Tartaro, Barrie: gastroenterology Phone: 705-721-3344 Fax: 705-721-5522

Dr. Brian Murat, Huntsville: gastroenterology Phone: 1-705-789-3900 Private Phone: 1-705-789-3654 Fax: 1-705-990-2760

Esophageal Motility Lab, UHN Phone: 1-416-340-3901

Georgian Radiology: liver elastography for fibrosis **Georgian Radiology - Requisition 2021 Xray U/S NM Imaging** Phone: 705-719-0839 Fax: 705-726-8056

**Imaging – LiverScan Direct - Fibroscan Request Form**, Barrie: fibroscan to assess for cirrhosis Phone: 1-416-268-0150 Fax: 1-647-494-3243

Simcoe Liver Centre Consult Request Form, Barrie: Drs. Hemphill and Crabbe, HBV, HCV, altered LFTs, fatty liver Phone: 705-728-6262 Fax: 705-728-0228

UHN Liver Transplant Program: Phone: 1-416-340-4800 Private Phone: 1-416-340-3088

## **General Surgery**

### *Orillia General Surgeons:*

Drs. Nick Bauman Phone: 705-481-1419 Fax: 1-888-834-2808 Email: [drnickbauman@hushmail.com](mailto:drnickbauman@hushmail.com)

Jim Campbell Available for hospital related services only. Page through OSMH: 705-325-2201

Hunter Cape Phone: 705-259-6300 Fax: 705-481-0115

Monica Chaudhuri Phone: 705-259-6300 press#3 Fax: 705-481-0115

Joshua Greenberg Phone: 705-259-6300 Fax: 705-481-0115

OSMH-Colorectal Cancer Screening Program Colonoscopy Referral: for FIT positive patient or a positive family history

### *Barrie General Surgeons:*

Drs. Carmen Barnett Phone: 705-503-3005 Fax: 705-737-2842

Renee Hanrahan Phone: 705-735-9300 Fax: 705-735-9391

Farzad Hariri Phone: 705-503-6333 Fax: 705-503-6330

Kamla Maharajh Phone: 705-720-2003 Fax: 705-720-2109

Michele Riordon Phone: 705-721-0040 Fax: 705-737-2842

Bharat Sharma Phone: 705-503-2842 Fax: 705-737-2842

Henri Stefanison Phone: 705-797-1112 Fax: 705-797-1113

Colin Ward Phone: 705-737-0363 Fax: 705-737-2842

Rudd Clinic, Toronto, Mississauga, Oakville Phone: 1-416-597-0997 Fax: 1-416-597-2912

Shouldice Hospital, Toronto: hernia repairs Phone: 1-905-889-1125 Fax: 1-905-889-4216

**Throacic Surgery Referral - York Thoracic Surgery – Drs. Toth and Privitera:** Nissan Fundoplication, esophagectomy, see **Thoracic Surgery**

## **General Surgery-Breast**

Dr. Monica Chaudhuri, Orillia: general surgeon with interest in breast Phone: 705-259-6300 press#3 Fax: 705-481-0115

## **General Surgery- ERCP**

Dr. Nick Bauman, Orillia: general surgeon Phone: 705-481-1419 Fax: 1-888-834-2808 email [drnickbauman@hushmail.com](mailto:drnickbauman@hushmail.com)

Dr. Kyle Fortinsky, Barrie: gastroenterologist, see **Gastroenterology**

Dr. Eoin Lalor, Barrie: gastroenterologist, see **Gastroenterology**

Dr. Colin Ward, Barrie: general surgeon Phone: 705-737-0363 Fax: 705-737-2842

## **Genetics**

**OSMH-North Simcoe Muskoka General and Prenatal Genetics Program Referral:** no longer providing prenatal. See OSMH NSM Regional Genetics Program Memo detailing other clinics providing prenatal genetic services. (NB- If the IPS is positive, NIPATIENT is fully OHIP covered. **Lab - Lifelabs Genetics - Panorama Funded by MOHLTC.** Results back in 1 week. If NIPATIENT is positive, then refer on to genetics.)

**OSMH-North Simcoe Muskoka Cancer Genetics Referral Form 2019** Phone: 705-327-9154 Fax: 705-325-9459

**Lab - Kingston General Hospital Hemochromatosis:** blood work requisition form for genetic testing including hemochromatosis if no geneticist involvement required.

**North York General Hospital - Genetics Referral Form 2019:** provides prenatal and general genetics consultation Phone: 416-756-6345 Fax: 1-416-756-6727

**North York General Hospital–Familial Cancer Clinic Referral**

**Lab - Lifelabs Genetics - Panorama Private Pay** Life Labs Genetics re Panorama testing Phone: 1-647-943-2804 Fax: 1-647-943-2804

Mount Sinai Prenatal Diagnosis and Medical Genetics Program, Toronto: Counselling for late mat age, positive IPS, positive family history of genetic condition. Dr. David Chitayat Phone: 1-416-586-4723 Fax: 1-416-586-4723, also Spring Holter genetics counsellor Phone: 1-416-586-4800 Ext. 2088 Fax: 1-416-586-5924. UHN

Fred Litwin Family Center in Genetic Medicine: clinical genetics and genomic medicine Phone: 1-416-586-4800 Ext. 4220 urgent 1-416-340-3155 Fax: 1-416-619-5523

## **Geriatrics**

**Geriatrics Referral-Geriatric Outreach/Specialized Geriatric Services SGS 2021:** central intake for geriatrics including medicine outreach team (comprehensive geriatric assessment), geriatrician referral, falls assessments, geriatric mental health team, Seniors CARE Exercise program GOT Home Exercise

Waypoint Centre for Mental Health Outpatient Team, see **Mental Health-Adult**

Wendat, Midland: seniors and adult mental health support including psychogeriatrics, crises support, housing registry, assist with transition to LTC and alternative housing, mobile SW, etc. **Geriatrics Referral - Wendat Psychogeriatric Transition Referral Form** (provide patient with Wendat Psychogeriatric Transition Fact Sheet) **Wendat Psychogeriatric Mobile Social Work Intake Form** (provide patient with Wendat Psychogeriatric Mobile Social Work Fact Sheet)  
<https://www.wendatprograms.com/referral-forms-brochures-surveys>

Dr. Kim McKenzie, Barrie: GIM + geriatrics Phone: 705-733-4061 Fax: 705-733-4063

Office of the Public Guardian and Trustee- Capacity Assessment Phone: 1-416-327-6766, Abuse of Guardianship 1-800-366-0335, General Inquiries Phone: 1-416-327-6683, Treatment Decision Unit Phone: 1-416-314-2788 or 1-800-387-2127 (also for weekends and holidays)

**Geriatric Referral-Alzheimer Society Referral Form 2023:** education and support

JS Lifeline Medical Alert Service

Driver Assessment, see Skill Builders in **Physiotherapy**

**MTO - Medical Condition Report 2018** for unfit to drive reporting

Toronto Western Hospital Memory Unit, Toronto Phone: 1-416-603-5232

Retirement Homes-Orillia & Area Questions for Retirement Homes

## ***Hematology (see also Oncology)***

**OSMH-Adult Blood Transfusion Order Set:** transfusion PRBC, platelets, IVIG, phlebotomy

**OSMH-Therapeutic Phlebotomy** in OSMH Outpatient Transfusion Clinic

**OSMH-Outpatient Iron Sucrose Infusion Order Set**

**Bayshore Direct Care Infusion Clinic**

RVH Hematology Clinic: Phone: 705-728-9090 Ext. 23200 Fax: 705-797-3098 Email: [benignheme@rvh.on.ca](mailto:benignheme@rvh.on.ca) **RVH-Simcoe Muskoka Regional Cancer Program-Benign Hematology Referral**

RVH Barrie: oncology, Drs. Rouslan Kotchetkov, Lauren Gerard Phone: 705-728-9090 Ext. 43333

**Specialist Various Referral - Grand Genesis Health Referral Form**, Richmond Hill: multidisciplinary anemia clinic

St Joseph's Healthcare Hematology Clinic, Hamilton Fax: 1-905-540-6568

St. Michael's Hematology, Toronto: Dr. Jerome Teitel Phone: 1-416-864-5273 Fax: 1-416-864-5273

Southlake Hematology Thrombosis Clinic Phone: 1-905-895-4521 Ext. 6269 Fax: 1-905-853-2222

Sunnybrook Hematology Clinic, Toronto Phone: 1-416-480-4662 Fax: 1-416-480-6179

Sunnybrook Thrombosis Clinic, Toronto Phone: 1-416-480-5105 Fax: 1-416-480-5153

UHN/PMH Oncology/Hematology, Toronto, Dr. Abdul Razak Phone: 1-416-586-5371 Fax: 1-416-586-5165

Dr. Richard Jay, Toronto: thrombosis Phone: 1-416-480-6161 Fax: 1-416-480-5153

Jehovah Witness avoidance of blood products resource: [www.jw.org/medical](http://www.jw.org/medical). Volunteer resource person (nonmedical) Jeremy Tompkins [242jeremy@gmail.com](mailto:242jeremy@gmail.com)

## ***Home and Community Care***

**Community Paramedicine Home Visit Referral Form - Simcoe County 2022:** paramedic support for vulnerable patient in the community with chronic disease(s) i.e. CHF, COPD, DM (**Community Paramedicine Home Visit Referral Form - Muskoka Area 2021** for patients living in Muskoka)

Ontario Health At Home: Your assigned Care Coordinator is a good resource. If you do not know who your Care Coordinator is call 705-721-8010 x6010 to reach the Team Assistant

**Ontario Health At Home-Medical Referral (Adult):** referral for homecare services including wound care, nursing, OT, PT, speech therapy, social work, personal support, referral for LTC, convalescent care and adult day services. Services can be contracted out to private i.e. Bayshore or VON however, use this form for all. Slightly different form for child referral **HCC-Child Medical Referral**

**MOHLTC-Long Term Care Health Assessment 2021:** referral for LTC

Ontario Health At Home website: [North Simcoe Muskoka area | Ontario Health atHome](#) lists LTC eligibility and admission needs, links to advanced care planning, average costs for LTC, listing of LTC homes and wait times/

## ***Indigenous Health***

Chippewas of Rama Addiction Program, Rama Phone: 705-325-3611

Enaahitig Healing Lodge and Learning Center, Orillia, Victoria Harbour, Midland: residential and non-residential programs, not restricted to addiction mental health Phone: 705-534-3724 or 705-330-4059

Georgian Bay Native Friendship Centre, Midland, see **Addiction Medicine**

**MH Referral-Indigenous Mental Health and Addictions Navigator Referral:** collaborative between Mamaway and RVH

Mamaway Wiidokdaadwin Primary Care Team, Orillia: NP led team providing culturally sensitive primary care for indigenous patients including traditional healing, health promotion and counselling Phone: 705-259-9520 Fax: 855-941-2531. No negation if your patient attends Mamaway Referral and Consent

**Mamaway RCM Program Onboarding Slip** <http://banac.on.ca/mamaway/intake-form/>

OSMH Indigenous Pediatric System Navigator, Gwen Beaver Phone: 705-325-2201 Ext. 6291

## ***Infectious Diseases- see also Public Health***

Consider eConsult especially for COVID related concerns



Dr. Guilio Di Diodato, Barrie Phone: 705-728-9090 Ext. 47620 Fax: 705-739-5655

Dr. Amir Khosrovaneh, Barrie Phone: 705-733-4061 Fax: 705-733-4063

Sunnybrook HIV Clinic Phone: 1-416-480-6100 x 6044 Fax: 1-416-480-4268

**Pharmacy - COVID-19 Anti-Viral Eligibility - Prescriber Pharmacist Communication**, Orillia for Paxlovid prescribing

Paxlovid Patient Handout

Monoclonal Antibody Therapy Referral Form –Scarborough Health Network for monoclonal antibodies

COVID@Home, Orillia: RT support of patients with COVID or suspected to have COVID with in home assessment, oximeter delivery and teaching. AMOP COVID at Home-ProResp Oxygen Therapy Referral Form

## ***Mental Health-Adult***

**CFHT Referral -CBT-I Group:** pharmacist led group program for non medication treatment of insomnia. Patient needs to call also to activate the referral. Please provide patient the handout CBTI Patient Handout

**CFHT Referral-Mental Health Services:** CFHT Mental Health Programs: group and individual programs, individual therapy typically short (8 sessions, but can be extended), CBT, trauma therapy and EMDR. Patient needs to call also to activate the referral. Please provide patient the handout CFHT Mental Health Services

**MH Referral-OSP Referral Form 2020** (formerly IASP) Ontario Structured Psychotherapy, Waypoint based service, very structured CBT, ideal for anxiety disorders (i.e. social anxiety, OCD), depression and trauma (though better if single incident trauma vs. longitudinal see CFHT program then), 17 sessions, many patients can be appropriately referred to either CFHT or OSP programs. Choice may be dictated by wait times

**MH Referral-OSMH Mental Health Outpatient Services Referral Form 2025** and **MH Referral-OSMH Mental Health Outpatient Acute Services Referral 2019:** day hospital, acute outpatient services, psychiatric consultation, including diagnostic clarity,CBT, DBT, EMDR, perinatal mood support, longer term outpatient counselling.

**MH Referral-RVH Adult Mental Health & Addiction Ambulatory Referral:** psych consultations, including diagnostic clarity, day hospital for mental health and addictions

**MH Referral - CMHA Early Psychosis Intervention - SHINE Program:** ages 14-35, mandatory form for referring PCP and patient. Contact within 72 hours

AbilitiCBT: online CBT with therapist support. Delivered in modules. Patient can self refer. For ages 16 and over <https://ontario.abiliticbt.com>

ACCT ('Assertive Community Treatment' Team), Orillia CMHA Assertive Community Treatment Team Referral Form: close support for serious mental illness i.e. new onset psychosis, voluntary Phone: 705-329-5846 Fax: 705-329-5935

MH Handout -Anger Management Resources

Athena's Sexual Assault Counselling, South Simcoe: Crisis line 705-737-2008 or 1-800-461-1750 For appointments Phone: 705-737-2884

Better with Bria: virtual mental health clinic for women. See ***Obstetrics/Gynecology***.

**MH Referral-CMHA BounceBack Reclaim Your Health Referral**: Bounce Back telephone supported CBT program for those 15 years and older with mild to moderate depression, with or without anxiety. Patient can self refer or PCP can refer. Materials are free Phone: 1-866-345-0224 Fax: 1-905-841-3007

Catholic Family Life: couple and family counselling, no charge. Do not have to be Catholic. Offer DBT sessions in 8 week blocks. Can self refer Phone: 705-726-2503

**MH Referral-CAMH Referral Form 2019**, Toronto: psychiatric consultation including addiction

CMHA (Canadian Mental Health Association), Orillia, see ***Addiction***, also oversee ACTT program, court support Phone: 705-329-5846, crisis line Phone: 705-728-5044

Mental Health Crisis Line 705-728-5044

**MH Referral-Canadian Rapid Treatment of Excellence Referral Form**, Toronto, Mississauga: focused practice re. ketamine infusion for treatment resistant depression,

Gilda's Club Simcoe Muskoka, Barrie: support for people and their families coping with cancer including grief counselling Phone: 705-726-5199

Green Haven Shelter, Orillia: for survivors of abuse. Residential shelter Phone: 705-327-7319. Outreach services Phone: 705-329-2806

John Howard Society, Colborne St., Orillia: walk-in counselling Monday 11am-6:30 pm, Thursday 9 am-5pm, ages 12-24 years Youth Mental Health Walk-In-All About Youth Phone: 705-828-5487

The Meeting Place, Orillia: social drop in and recreation for people with mental illness, must be referred by mental health center (OSMH) Phone: 705-329-2644

Dr. Emily Queenan, Penetanguishene: mindfulness based stress reduction Phone: 855-243-7772 Fax: 705-393-1683

Braxia, Toronto and Mississauga: ketamine ( either IV or s/l) Phone: 1-416-430-9619 Website: [www.braxiahealth.com](http://www.braxiahealth.com) Email : [mail@crtce.com](mailto:mail@crtce.com)

**MH Referral-Mindful Based Interventions Orillia/Barrie Referral Form**: OSMH Telemedicine, facilitators Sheri-Leigh/ Dr. Kim McKenzie, fee for materials, Phone: Sheri-Leigh 705-795-7629 or telemedicine 705-325-2201 Ext. 6044 Fax: 705-327-9181. Chronic pain management or stress management

**Neuronova- Mindfulness Based Chronic Pain Management Program Referral**

Healing Voices: Private psychotherapy with extensive scope of service. Interest in support for returning workers, first responders and front-line workers. Phone: 705-735-9107 or book directly on website [www.healingvoicespsychotherapy.ca](http://www.healingvoicespsychotherapy.ca)

Simcoe Community Services, Orillia: support for adult with intellectual disabilities Phone: 705-327-9700, also Phone: 705-726-9082

**Eating Disorders-Simcoe Muskoka Regional Eating Disorder Program (OSMH & RVH) 202:** provides evidence-based outpatient eating disorder treatment to children, adolescents and young adults under the age of 25 within Barrie, Orillia and surrounding areas of Simcoe County. (NB CFHT Dietician may be helpful as a transitional support while waiting for admission to a formal program)

**MH Referral -Waypoint Centre for Mental Health Referral Form 2021,** Midland: central intake for psychiatric consultation, housing, inpatient referral Phone: 705-549-3181 Ext. 2308 Fax: 705-549-1812

Centre for Psychology and Emotion Regulation, Midland: private pay, eating disorders, personality disorders, PATIENTSD, age 16+ [info@Psych-EReg.ca](mailto:info@Psych-EReg.ca) Phone: 249-492-2673

Victoria Freeman, Newmarket: private psychotherapist with focus on eating disorders, age 13+ [www.freemantherapy.ca](http://www.freemantherapy.ca) . Some subsidies for students on OSAP.

Dr. David Gottlieb: available through telemedicine referral

Dr. Marissa Rodway-Norman, Orillia: community psychiatry Phone: 705-327-7070 Fax: 705-327-7474

Dr. Romaniuk, Barrie: community-based psychiatry Phone: 705-739-7664 Fax: 705-739-7664

Still Waters, Orillia: private grief therapy, also group Life after Loss. Phone: 705-326-5430

### ***Mental Health-Pediatric***

**CFHT Referral-Mental Health Services:** individual and group (Worried Warriors- currently on hold as of 2022/02)

**Eating Disorders-Simcoe Muskoka Regional Eating Disorder Program (OSMH & RVH) 202:** provides evidence-based outpatient eating disorder treatment to children, adolescents and young adults under the age of 25 within Barrie, Orillia and surrounding areas of Simcoe County. (NB CFHT Dietician may be helpful as a transitional support while waiting for admission to a formal program)

RVH Child & Youth Outpatient Clinic: support for youth up to 18 years old with eating disorders Phone: 705-728-9090 Ext. 47463

**MH Peds Referral - Orillia Pediatric Teaching Assoc-Behaviour, Mental Health and Developmental Problems Referral 2019**

**MH Peds Referral-RVH Child and Youth Mental Health Services Community Physician Referral Form:** only accessible through ER referral or through pediatricians. For more severe mental health patients MH

**MH Referral - CMHA Early Psychosis Intervention - SHINE Program:** ages 14-35, mandatory form for referring PCP and patient. Contact within 72 hours

AbilitiCBT: online CBT with therapist support. Delivered in modules. Patient can self refer. For ages 16 and over <https://ontario.abiliticbt.com>

**MH Referral-CMHA BounceBack Reclaim Your Health Referral:** Bounce Back telephone supported CBT program for those 15 years and older with mild to moderate depression, with or without anxiety. Patient can self refer or PCP can refer. Materials are free Phone: 1-866-345-0224 Fax: 1-905-841-3007

MH Handout -Anger Management Resources

Catholic Family Services: non-denominational family counselling, sliding scale fee for service and if unable to pay it is free, not necessary to be catholic Child & Youth Counselling Services Phone: 705-726-2503

**MH Referral - CAMH Referral Form 2019**, Toronto: psychiatric consultation including addiction, also can be pediatric

Catulpa Community Support Services, Orillia: providing community services and support for people with unique and special needs. School Age Family Resource Worker Program Phone: 705-733-3227 Intake Phone: 705-725-7997

**CFHT Referral-Trans Health Program:** regional program in CFHT for comprehensive trans support

Child and Youth Advocacy Center Simcoe Muskoka, Orillia: support for the process of child disclosing abuse Phone: 705-327-0118

John Howard Society, Colborne St., Orillia: walk-in counselling Monday 11am-6:30pm and Thursday 9 am-5pm for ages 12-24 years Phone: 705-828-5487 Youth Mental Health Walk-In-All About Youth

Kerry's Place: autism drop-in center and support services Aurora Phone: 1-905-713-6808 Barrie Phone: 1-833-775-3779 [www.kerrysplace.org](http://www.kerrysplace.org)

Kinark: children and youth mental health services including autism, forensic mental health, youth justice

**MH Peds Referral-New Path Group Referral Form 2017** New Path Child and Family Services Orillia, Barrie & Midland: counselling and therapy for social, behavioral and emotional problems . Triple P Parenting (see below for more information), Coping Cats Program and Mood Management for Adolescents. Walk in appointments available –call for current schedule. Print forms online and bring to walk in ([www.newpath.ca](http://www.newpath.ca) ) Phone: 705-725-7656 Email: [info@newpath.ca](mailto:info@newpath.ca)

**MH Peds Referral-RVH Child and Youth Mental Health Services Community Physician Referral Form:** Kinark and New Path physician referral Fax: 705-719-4932

**MH Peds Referral-Strongest Families Barrie and Community Health Centre:** programming for positive parenting, parents empowering kids, worry and anxiety, pain coping skills, bedwetting.

**MH Peds Referral-Waypoint Family, Child, and Youth Referral Form 2021:** mood, anxiety, LD, ADD, disruptive behaviours, developmental problems Phone: 1-705-549-3181 Fax: 1-705-549-1812

Healing Voices: Private psychotherapy with extensive scope of service, including children starting at age 7, adolescents, parents and adults. Book directly on website [www.healingvoicespsychotherapy.ca](http://www.healingvoicespsychotherapy.ca) or Phone: 705-735-9107

Rainbows for All Children Canada, various locations: counselling for children experiencing loss/grief through separation, divorce or death Phone: 705-726-7407 Good info on their website.

Seasons Center for Grieving Children, Barrie: for grieving children and parents (loss of spouse or child), teen program Phone: 705-721-5437

Sunnybrook Adolescent Psychiatry program, Toronto Phone: 1-416-480-6096 Fax: 1-416-480-6818

Triple P Parenting Program AMOP-Triple P: PH Health Care Connects program, parenting advice for parents of 0-12year old children and teens. Online programs also available Phone: 705-721-7520 Ext.8813 <https://www.triplep-parenting.ca/ont-en/about-triple-p/positive-parenting-program> or **MH Peds Referral-New Path Group Referral Form 2017**

Waypoint Centre for Mental Health Outpatient Team, Penetanguishene: Age Youth (age 16-24) **MH Referral - Waypoint Centre for Mental Health Care Referral Form 2021**. Must be accompanied **Waypoint-Transitional Age Youth Service Self Report** \_Phone: 1-705-549-3181 Press 0 for operator Ext. 2038 Fax: 1-705-549-1812

Waypoint Physician Support for PCP of Youth with mental health concerns: Phone support M-F 8am-10pm and weekends 8am- 5pm Phone: 705-549-3181 which is switchboard and ask for Child and Youth On-Call Physician. Help with diagnosis and medical management. Urgent (within 7 days) clinic appointment may be arranged if not already connected to pediatrics in the region. Use **MH Peds Referral - Waypoint Family, Child and Youth Referral Form** and mark as "URGENT Clinic as discussed with on-call physician".

Youthdale Crisis Support, Toronto: inpatient treatment, youth justice Phone: 1-416-363-9990 Fax: 1-416-363-7945

Youth Haven, Orillia branch: in office or outreach counselling service re employment, emotional regulation, life skills, self harm, etc. Phone: 705-715-4920

Dr. Marcia Benjamin, Barrie: pediatric psychiatry (16 and younger) Phone: 705-728-9843 Private Phone: 705-728-1857 Fax: 705-728-8476

Centre for Psychology and Emotion Regulation, Midland: eating disorders, personality disorders, PATIENTSD, age 16+ [info@Psych-EReg.ca](mailto:info@Psych-EReg.ca) Phone: 249-492-2673

Victoria Freeman, Newmarket: private psychotherapist with focus on eating disorders, age 13+, [www.freemantherapy.ca](http://www.freemantherapy.ca) Some subsidies for students on OSAP.

Dr. Rob Meeder, Waypoint: pediatrician with focused practice re mental health Phone: 1-705-526-0567 Fax: 1-705-526-2462

Wendy McQuaig, Orillia: registered psychotherapist (not psycho ed assessments) practice includes children Phone: 705-326-4262

Sudhir Rajkhowa, Barrie: child and adolescent psychology Phone: 705-739-6245 Fax: 705-739-9575

Dr. Tim Smith, Barrie: psychologist including psycho ed assessments Phone: 705-727-1529

## ***Nephrology***

### **Ontario Renal Network Referral**

Dr. Leo Lam, Orillia Phone: 705-329-0644 Private Phone: 705-329-0645 Fax: 705-329-4987

Dr. Daniel Tascona, Orillia Phone: 705-325-2201 (OSMH) cell 705-970-1250 Fax: 705-325-1607

Dr. Suthaharan Vimalendran, Orillia and Toronto Phone: 1-416-608-1312

Dr. Derek Benjamin, Barrie Phone: 705-728-9843 Fax: 705-728-8476

Dr. Mayur Govind, Barrie Phone: 705-728-1962 Fax: 705-728-9455

## ***Neurofibromatosis Clinic***

HSC Neurofibromatosis Clinic Phone: 1-416-813-1500 Fax: 1-416-813-7055

UHN Neurofibromatosis Clinic, Toronto Phone: 1-416-340-4189, Fax: 1-416-340-4189

## ***Neurology***

### **OSMH Tele-n-Cephalon EEG Requisition**

**Epilepsy Simcoe County Referral Form 2019** non-physician support and education

### **MTO - Seizure and Loss of Consciousness Form**

MS Clinic, Toronto: St. Michael's Hospital Phone: 1-416-864-5377 Fax: 1-416-864-5378

### **NSM Acquired Brain Injury Collaborative Referral Form**

**RVH-Stroke Prevention Clinic Referral Form 2019**, Barrie: regional comprehensive program, management recommendations on the form Phone: 705-728-9090 Ext. 46315 Fax: 705-792-3316

### **Sunnybrook-Movement Disorders Referral**

Tourette's Syndrome Clinic, Toronto Phone: 1-416-603-5794 Fax: 1-416-603-5180

Dr. Leslie Witton, Orillia/Barrie, Phone: 705-721-1060 Fax: 705-721-2442, Orillia 2d/m

Dr. Alyssa Fiddler, Barrie, Phone: 705-503-8890 Fax: 705-719-4878

Dr. Blaine Foell, Huntsville, Phone: 1-705-789-6632 Fax: 1-705-789-1922

Dr. Alex Jahangirvand, Barrie, detailed nerve conduction studies Phone: 705-503-5800 Fax: 705-503-5801 **Neurology Referral - Barrie Neurology Clinic EMG/NCS – Dr. Jahangirvand**

Dr. John Maher, Barrie Phone: 705-721-1060 Fax: 705-721-2442

Dr. Melanie Ursell, Bracebridge: neurology and MS, mail referral if more than 5 pages Phone: 1-705-640-0050 Fax: 1-705-640-0274

Dr. Steven Baker, Hamilton: neuromuscular disease clinic Phone: 1-905-521-7933 Fax: 1-905-521-2638

Dr. Al-Noor Dhanani, Mississauga: neurology including nerve biopsy Phone: 1-905-270-2300 Fax: 1-905-270-0290

Dr. Carlos Florez **Neurology Centre of Toronto –Virtual Rapid Access Clinic Referral:** epilepsy, migraine, headaches and concussion. Quick access, econsults Phone: 1-416-860-7554 Fax: 1-416-860-7559

Dr. Mark Guttman, Markham: neurology/movement disorders, Phone: 1-416-847-7084 Fax: 1-416-847-7074

Dr. Wayne Langburt, Thornhill: pediatric neurology, reads OSMH EEGs Phone: 1-905-707-8343 Fax: 1-905-707-8344

Dr. Andres Lozano, Toronto Western Hospital: Deep Brain Stimulation Phone: 1-416-603-6200 Fax: 1-416-603-5298

Dr. Michael Sawa, Toronto: sports neurology Phone: 1-416-703-3525 Fax: 1-647-343-8073

**Neurology Centre of Toronto –Referral Form    Neurology Centre of Toronto-Teleneurology Referral**

### ***Neurosurgery (see also Orthopedics for spine)***

**MSK Central Intake -North Simcoe Rapid Access Clinic -Low Back Pain 2021 Referral:** see on-boarding information. For patients likely to require surgical or injection therapy for LBP

UHN Neurosurgery: **UHN Toronto Western - Division of Neurosurgery Referral Form** see also **UHN-Toronto Western - Division of Neurosurgery Referral Notes**

Dr. Nicholas Phan, Sunnybrook Phone: 1-416-480-5645, Fax: 1-416-480-6085

Dr. Pirouzmand, Toronto Phone: 416-480-5263 Fax: 1-416-480-6085 also at **Grand Genesis Health** In Richmond Hill (multi surgeon clinic) Phone: 1-289-597-7676, Fax: 1-289-597-7675

Dr. Raj Rampersaud, UHN: lead surgeon for Ontario RAC-LBP and affiliated with local program Phone: 1-416-603-5399 Fax: 1-416-603-3437

Dr. Mehdi Shahideh, Mississauga, Phone: 705-325-0722 Fax: 1-905-615-0492

Dr. Julian Spears, St. Michael's Phone: 1-416-864-5667 Fax: 1-416-864-5644

Dr. Taufik Valiante, UHN: affiliated with RAC-LBP Phone: 705-737-9235 Fax: 1-416-603-5298

Dr. Christopher Wallace, UHN: Phone: 1-416-603-5428 Fax: 1-416-603-5298

Dr. Viktor Yang, Sunnybrook Phone: 1-416-480-6100 Ext. 87576 Fax: 1-416-480-4689

### ***Obstetrics/Gynecology***

Dr. Kim Bremer Phone: 705-259-6249 Fax: 705-259-6251

Dr. Jessica Green Phone: 705-259-6249 Fax: 705-259-6251

Dr. Brock McKinney Phone: 705-558-2020 Fax: 705-558-3030

Drs. Julia Ingles & Kate Rheault Phone: 705-330-4060 Private Phone: 705-330-4061 Fax: 705-728-5100  
(shared practice model)

Colposcopy in Orillia: Drs. Bremer, Green and McKinney, see above

### **RVH-Colposcopy Program Referral 2023**

#### **North York General Hospital-Prenatal Screening Requisition and MMS Requisition**

Abortion Pathways- Medical: self-directed learning modules available online at National Abortion Federation Canada. PCP learn to provide medical abortion care up to 10 weeks gestation. Small fee for the modules.

Abortion Pathways- Surgical, Orillia: Ob/ gyne will provide to 12 weeks gestation (Drs. Rheault and Ingles) or up to 13 weeks (Drs. Bremer, Green and McKinney). No surgical abortion services available at RVH as of 2022

All Orillia ob/gynes can provide medical abortions up to 10 weeks

Barrie family physicians who provide medical abortion with no negation and will take referrals as well as act as mentors to other providers who are new to prescribing mifegymiso include Dr. Jen McNaughton, Dr. Rob Gab and Dr. Paige Steciuk. For contact information visit: <https://barriefht.ca/our-physicians>

Lakeside Women's Clinic, Barrie: patient can self refer or PCP referral. Also do IUCD insert and contraceptive counselling. Phone: 705-503-6700 Fax: 705-503-6702

Later 2<sup>nd</sup> trimester abortion services available, Toronto: Cabbagetown Women's Clinic (WCH affiliate)  
Phone: 1-416-323-0642 Fax: 1-416-323-3099 or Morgentaler Clinic Toll Free Phone: 1-800-556-6835  
Fax: 1-416-932-0837

OSMH Breastfeeding Clinic: RN lactation specialist led clinic, Melissa Fitzgerald. Also good resource for advice re sore nipples and galactagogue medication Phone: 705-325-2201 Ext. 3573

Fertility: Horizon Fertility Clinic 16 O'Brien St. Ste. 103 Orillia ON L3V 5S2 Phone: 705-558-2331 Fax: 705-558-9147

Orillia Primary Care Obstetrics: FPs providing OB care on a referral basis– Drs. Tory Archer, Erica Catford, James Lai, Kelly Mollon, Rachel Sheppard, see website for more info and resources  
[www.orilliafamilyobstetrics.ca](http://www.orilliafamilyobstetrics.ca)

Prenatal Classes: Pregnancy, Birth and Beyond OSMH OB RN led labour prep classes, privately funded (small fee). Phone: 705-203-0143 email [pbandb15@gmail.com](mailto:pbandb15@gmail.com)

JTR Pregnancy Resources: list of online resources



SMDHU Online Prenatal Classes Handout: free classes [www.smdhu.org/prenatalclass](http://www.smdhu.org/prenatalclass)

Umbrellas Treatment Program-CMHA program for pregnant moms or moms of young children with substance use concerns Phone: 705-325-4499 Ext. 357

*Barrie Ob/Gyn:*

Dr. Kaitlyn Adare Phone: 705-726-0389 Fax: 705-725-8645

Dr. Andrew Browning Phone: 705-728-5311 Fax: 705-728-5601

Dr. Evgeniya Fefelova Phone: 705-252-6935 Fax: 705-252-6937

Dr. Mehrak Kilani Phone: 705-728-8040 Fax: 705-728-1676

Dr. Daniel Margel Phone: 705-503-4146 Fax: 705-252-3937

Dr. Jan Moreau Phone: 705-737-2450 Fax: 705-737-4250

Dr. Jan Sheeres Phone: 705-739-7644 Fax: 705-739-4119

Dr. Vincent Wu Phone: 705-728-5311 Fax: 705-728-5601

Barrie Fertility Clinic Phone: 705-728-9428 Fax: 705-733-9428 Barrie Fertility Clinic 2019 Phone: 705-728-7784 Fax: 705-733-9428

**Georgian Radiology- High Risk Pregnancy Referral Imaging**, Barrie: in collaboration with St. Mike's Hospital, Toronto, (req.) covers u/s and consultation request

**RVH-Colposcopy Program Referral Form**

Dr. Yoav Brill, Markham: endometriosis Phone: 1-905-554-0386 Fax: 1-905-554-0386

Dr. Holzapfel, Toronto: sexual medicine counselling unit Phone: 1-416-323-6060 press 1 then 4 for the blue team Fax: 1-416-323-6402

Dr. John Lamont, Hamilton: sexual dysfunction Phone: 1-905-574-8606 Fax: 1-905-381-7035

Dr. Rose Kung, Toronto: urogynecology and incontinence, fibroids, endometriosis, Phone: 1-416-480-5036 Fax: 416-480-5050

Dr. Leah Jutzi, Barrie: Gyne Oncology Phone: 705-728-9090 Ext. 43333 Fax: 705-739-5619

Dr. Laura White, Barrie: Gyne Oncology Phone: 705-728-9090 Ext. 43333 Fax: 705-739-5619

Mount Sinai Prenatal Diagnosis and Medical Genetics, see **Genetics**

**Mount Sinai Hospital - Special Pregnancy Program** fetal medicine Phone: 1-416-586-3216 Fax: 1-416-586-3216

IPS results from North York General Phone: 1-416-756-6055, IPS u/s can be done at OSMH, RVH, OMI (Orillia and Midland offices) and Georgian Radiology. Call 1-416-756-6055 for further listings

Pelvic Health Physiotherapists Available for Orillia

Perinatal Mood support, OSMH, see **Mental Health-Adults** Jaime Charlebois Phone: 705-325-2201 Ext. 3544 Fax: 705-325-0450 **MH Referral-OSMH Mental Health Outpatient Services Referral 2022** - page 2  
tick Community Mental Health Services

Better with Bria: virtual mental health clinic, multidisciplinary service for women's health across her ages. Self referral. Psychiatry (OHIP covered so a referral may be requested if she is to be seen), allied health providers (private pay or insurance covered). Addressing issues of infertility, post partum mental health, perimenopause, grief, sleep, hormone health, lactation consulting, parental coaching, dietician, etc. Individual, couple, group and supporting partner therapy. Psychiatry will provide a consult note to PCP and do prescribing. [www.betterbria.com](http://www.betterbria.com). Care co-ordinator Michelle Amato [care@betterbria.com](mailto:care@betterbria.com)

Hospice Orillia see **Palliative care**. Bereavement for pregnancy loss as well Phone: 705-325-0505 for dates and times of Bereavement Support Programs

## **Oncology**

OSMH-Colorectal Cancer Screening Program-Colonoscopy Referral Form: for FIT positive patient or a positive family history

RVH-Referral Guidelines by Site for New Cancers advises what diagnostics are required for referral for multiple cancers

<https://www.cfht.ca/community-resources/health-conditions-and-management> has a link to Simcoe Muskoka Regional Cancer Centre's Cancer Support Resources for New Patients that lists many resources and supports

RVH-Cancer Support Resources: links for information on diagnosis and treatment, support for patients and families, Rotary House, advance care planning

### **RVH-Gyn Multidisciplinary Oncology Intake Form**

### **RVH-Outpatient Oncology Referral**

### **RVH-Skin Cancer Clinic Referral Form**

### **RVH-Thoracic, Rectal and Suspicion of Cancer Diagnostic Assessment Program (DAP)**

RVH Oncologists:

Dr. Robert El-Maraghi	Phone: 705-728-9090 Ext. 43145	Fax: 705-739-5619
Dr. Mukta Krishnan	Phone: 705-728-9090 Ext. 43145	Fax: 705-739-5619
Dr. Jacky Lai	Phone: 705-728-9090 Ext. 43145	Fax: 705-739-5619
Dr. Dawn Ng	Phone: 705-728-9090 Ext.43145	Fax: 705-739-5619
Dr. Sarah Rask	Phone: 705-417-1937(direct line)	Fax: 705-739-5619
Dr Rassouli	Phone: 705-728-9090 Ext. 43327	Fax: 705-739-5619
Dr. Jessica Singh	Phone: 705-728-9090 Ext. 43333	Fax: 705-739-5619

Dr. Fred Yoon                      Fax: 705-739-5619

Dr. Jason Yu                      Fax: 705-739-5619

RVH Gyne Oncology, see ***Ob/Gyne***

Tumour Board: multidisciplinary case conference to determine clinical plan. Patient's case is typically presented by the specialist that you referred patient to. Phone: 705-728-9090 Ext. 43334

#### **North York General Hospital-Familial Caners Clinic Referral**

Odette Cancer Centre, Sunnybrook Phone: 1-416-480-6179 Fax: 1-416-480-4205 **Oncology Referral - Sunnybrook Odette Cancer Centre**

#### **OSMH-PICC line Consultation Request**

Dr. P. Ferguson, UHN: orthopedic surgery /sarcoma unit Phone: 1-416-586-4800 Ext. 8687 Fax: 1-416-586-8397

Dr Gonzalo Sapisochin, UHN: oncology surgeon specializing in liver metastasis, biliary tract ca. Phone: 1-416-340-4800 Ext. 5169 Fax: 1-416-340-5242

#### Southlake Cancer Care Referral

Sunnybrook Melanoma Clinic, see ***Dermatology***

Dr. Jay Wunder, Mt. Sinai and PMH: orthopedic surgery. Bone and soft tissue oncology, Sarcoma Unit  
Phone: 1-416-586-4800 X 5995 Fax: 1-416-586-8397

### ***Ophthalmology***

Dr. Behrooz Azizi, Barrie                      Phone: 705-503-0534      Fax: 705-417-0535

Dr. Steve Emon, Barrie                      Phone: 705-727-1500      Fax: 705-727-1562

Dr. Tim Hillson, Orillia: adults and pediatrics (Orillia residents only) Phone: 705-325-6591 Private Phone: 705-325-1031 Fax: 705-325-9309

Dr. Christina Leung, Orillia/Barrie Phone: 705-418-0255 Fax: 1-888-321-8445

Dr. Fariba Nazemi, Toronto: pediatric ophthalmology Phone: 1-416-783-3375 Fax: 1-416-783-3376

Dr. Keon Nia, Gravenhurst                      Phone: 705-687-9520      Fax: 1-888-314-7353

Dr. Don Nixon- Orillia/Barrie                      Phone: 705-327-5776      Fax: 705-325-0722

Dr. Daniel Scanlon, Midland                      Phone: 1-416-340-5242 Fax: 1-705-527-6731

HSC-Ophthalmology                      Phone: 1-416-813-1500 Fax: 1-416-813-7040

Dr. Andrew Budning, Mississauga: pediatric ophthalmology Phone: 1-905-820-5464 Fax: 1-905-569-2377

Dr. Andrea Leung, Scarborough: pediatric ophthalmology      Phone: 1-416-901-9100 Fax: 1-647-344-3937

Dr. Royce Smith, North York: pediatric ophthalmology Phone: 1-416-783-3375 Fax: 1-416-783-3376

Dr. Kamiar Mlreskandan, Toronto: pediatric ophthalmology Phone: 1-416-813-7403 Fax: 1-416-813-8265

### ***Orthopedics (see also Pain Clinics, Neurosurgery for spines)***

**CFHT Referral- MSK Program 2022:** kinesiologist led program for knee, hip, back, headaches, shoulder and neck pain. For patient who does not have private coverage. Chiropractor occasionally involved in care. Patient needs to call also to activate the referral. Please provide patient the handout [CFHT MSK Program-Patient Handout](#)

OSMH fracture clinic Phone: 705-325-2201 Ext. 3669 Fax: 705-327-9184

RVH-Arthroplasty Intake Clinic Referral Form: multi site (Orillia, Barrie, Collingwood), hips and knees or **MSK Central Intake-North Simcoe Rapid Access Clinic- Hip and Knee Referral**

**MSK Central Intake-North Simcoe Rapid Access Clinic-Low Back Pain Referral 2021:** see on-boarding information in section 2. For back pain patients likely to require intervention either injection therapy or surgery. Clinic is affiliated with many neurosurgeons. Dr Raj Rampersaud, TWH is attached to NSM.

Ontario Workers Network (OWN), Simcoe Muskoka Orthopedics: Only for patients already on WSIB due to chronic ortho issues. Complete Section D-Treatment Plan of **WSIB- Form 8**, check box for speciality clinic and request OWN as site so patient can be seen in an expedited manner in Orillia. Fax completed Form 8 to WSIB number on form and they will approve and forward to Orillia clinic.

Dr. Zach Lim, Orillia: hip and knee Phone: 705-558-1700 Fax: 705-482-0680

Dr. Mark Miller, Orillia: hip and knee Phone: 705-418-1100 Fax: 705-915-0909

Dr. Brent Mollon, Orillia: upper extremity, meniscal repair Phone: 705-329-1811 Cell: 705- 955-7336 Fax: 705-329-1911

Dr. Raaj Vora, Orillia: hip and knee, adult trauma Phone: 705-558-1700 Fax: 1-888-498-0060

Dr. Jerry Xing, Orillia: ankle and feet **Orthopedics Referral - Simcoe Muskoka Orthopaedics - Dr. Jerry Xing (form mandatory for referral)** Phone: 705-558-1700 Fax: 705-482-0680 Cell 416-356-0076 email [xingorthopaedics@gmail.com](mailto:xingorthopaedics@gmail.com)

Dr. Kevin Grant, Scarborough: spine (affiliated with RAC-LBP) Phone: 1-647-352-8100 Fax: 1-647-352-8200

Dr. Holtby, Toronto: shoulder Phone: 1-416-962-4906, Fax: 1-416-8704

Dr. Kevin Koo, Markham: spine, hip and knee Phone: 1-905-201-3584 Fax: 1-905-294-6074

Dr. Christopher Nielson, UHN: spine (affiliated w RAC-LBP) Phone: 1-416-603-5014 Fax: 1-416-603-3437

Dr. Mark Porte, Barrie: upper extremity Phone: 705-739-1233 Fax: 705-739-1003

Dr. John Randle, Newmarket: upper extremity Phone: 1-905-967-1006 Fax: 1-905-967-1005

Dr. Vikas Tuli, Newmarket: upper extremity Phone: 1-905-953-0864 Fax: 1-905-953-8405

Dr. Rathbun, Scarborough: specializing in knee hemi-arthroplasty, Phone: 1-416-267-2334 Fax: 1-416-267-2539

Dr. Emil Schemitsch, London: hip joint resurfacing Phone: 1-519-663-3349 Fax: 1-519-646-6347

Dr. Sullivan, Barrie: upper extremity Phone: 705-719-3075 Fax: 705-728-0349

Dr. Dana Wilson, Mississauga: incl. neck and back surgery Phone: 705-725-7330/1-905-275-7327 Fax: 1-905-275-1094

## ***Osteoporosis***

**Women's College Hospital-Telemedicine Osteoporosis Program:** Telemedicine booking line Phone: 1-416-323-6400 Ext. 4928 Phone: 1-416-323-2663 Fax: 1-416-323-6484

Dr. Derak Haaland, Barrie: Phone: 705-734-3943, and **Rheumatology Referral - Waterside Clinic –Dr. Haaland Corticosteroid\_Hyaluronic Acid Injection Clinic 2024, Rheumatology Referral - Waterside Clinic –Dr. Haaland Osteoporosis\_Bone Health Program Referral 2024 Rheumatology Referral - Waterside Clinic –Dr. Haaland Early Inflammatory Arthritis Clinic 2024**(forms mandatory for referral).

**Coverdale Infusion Enrollment Form for Zoledronic Acid:** Physician fills in the enrollment form and faxes in. Physician gives the patient the Rx which they have filled and bring to their appointment. Fax: 1-833-248-3851 Email: taroinfusion@coverdaleclinic.com

St. Michael's Osteoporosis Clinic, Toronto Phone: 1-416-867-7424

LMC Diabetes and Endocrinology, Barrie, see ***Endocrinology***

Dr. Diane Zatelny, Barrie, see ***Endocrinology***

Dr. Huan Yu, Barrie, see ***Endocrinology***

## ***Pain Clinics***

**CFHT Referral-MSK Program 2022,** see ***Orthopedics***

**MSK Central Intake-North Simcoe Rapid Access Clinic-Low Back Pain Referral 2021,** see discussion with on-boarding info

Mindful Based Interventions, see ***Mental Health-Adults***

**Neuronova - Mindfulness Based Chronic Pain Management Program Referral**

**OSMH-Pain Clinic Referral or OSMH-Orillia Anesthesia Procedure Clinic Referral:** Dr. Ludek Podrasky, OSMH anesthesiologists providing epidural steroid injections, facet joint injections + trigger point injections.

RVH Pain Clinic, Barrie: Dr. Louis, back injections including rhizotomy, affiliated with RAC-LBP clinic Phone: 705-321-2334 Fax: 705-726-1296

**Pain Clinic Referral - Allevio Pain Management Clinic,** North York

**Pain Clinic Referral - Barrie Chronic Pain Clinic:** viscosupplementation for OA, Botox for migraines, nerve blocks, trigger point injection, pharmacotherapy Phone: 705-792-7890 Fax: 705-719-4878

Bloor Pain Specialists, Etobicoke: affiliated with RAC-LBP, multidisciplinary, image guided procedures, ketamine infusions Phone: 1-647-722-9696 Fax: 1-647 722-9606

**Pain Clinic Referral - Brampton Karmy Pain Clinic,** Brampton Phone: 1-905-456-6816 Fax: 1-905-456-0490

**Pain Clinic Referral - Newmarket Pain Clinic,** Newmarket: short wait times, injection therapy

Dr. Gary Shapero, Markham: headaches and pain management Phone: 1-905-475-9700 Fax: 1-905-475-5913

AMOP The Simcoe Clinic Referral Form, Barrie: Dr. Hoogeveen, multidisciplinary Phone: 705-728-8860 Fax: 705-737-4733

**Pain Clinic Referral - Intervention Pain Clinic 2022 - Concord,** Vaughn: Drs. Ibrahim and Muhammad Phone: 1-905-738-9990 Fax: 1-905-760-9192

**Pain Clinic Referral - The Interventional Pain Specialists - Concord** Phone: 1-905-237-4623  
Email:reception@tipsmed.com

Sunnybrook Pain Clinic, Toronto Phone: 1- 416-480-4771 Fax: 1-416-480-4772

JS-Toronto Pain Clinic TAPMI, Toronto: Toronto Academic Pain Medicine Institute, neuralgias, nerve injury, complex regional pain syndrome, headache, pelvic pain, abdominal pain Phone: 1- 416-323-6269 Fax: 1-416-323-2666

**Pain Clinic Referral - Vaughan Pain Clinic** Phone: 1-905-761-1288 Fax: 1-905-761-2088

**Pain Clinic Referral-Toronto Poly Clinic Pain Management Consultation Referral Form,** North York and Thornhill

Wasser Pain Management Center, Mt. Sinai: Phone: 1-416-586-5997 Ext. 5997 Fax: 1-416-586-8281  
Both patient intake form and MD referral form to be sent together (available on website  
<http://www.mtsinai.on.ca/wasser>)

## ***Palliative Care***

**COHT Referral - Palliative Care Resources** centralized intake for Palliative RN, HCC care, MAID referral, Mariposa Hospice information or application, caregiver relief

NB- unattached patient also need palliative care. Advise either Dr. Catford or Shelby Hunter if you are willing to be on the rota to provide EOL care to some of these patients. This is not an onerous commitment

Dr. Erika Catford, Orillia: palliative care resource Phone: 705-330-3520 Private Phone: 705-330-3522 cell 705-323-8666

Shelby Hunter, CFHT admin support Phone: 705-329-3649 Ext. 214 Email: s.hunter@cfht.ca

**CFHT Palliative Nurse Use-Hospice Orillia Intake Form 2022:** palliative support/counselling, bereavement support including pregnancy loss. Also do Legacy projects. Phone: 705-325-0505. Can also use **COHT Referral - Palliative Care Resources**

Hospice Simcoe, Barrie: residential end of life care Phone: 705-722-5995 Fax to LHIN: 705-797-2401

Mariposa House Hospice, Orillia: residential end of life care, need to complete **Palliative Mariposa House Hospice - Admission Order Set 2024** Phone: 705-558-2888

MAID, see **COHT Referral - Palliative Care Resources** or contact OSMH locating for MAID co-ordinating MD. **MOH-MAID Clinical Aid A**, **MOH-MAID Clinical Aid B** and **MOH- MAID Clinical Aid C** .Clinician Aid A form to be filled by patient on their request for MAID and to be provided to the first MD/NP assessor. Patient info handout [Medical Assistance in Dying Patient and Family Information](#)

### **Service Canada Compassionate Care Medical Form**

#### **Medical Certificate of Death Form 16**

Bayshore Pharmacy, see **Pharmacy**

Gilda's Club Simcoe Muskoka, see **Mental Health-Adult**

Seasons Center for Grieving Children, Barrie: for grieving children and parents (loss of spouse or child), teen program Phone: 705-721-5437

Still Waters, see **Mental Health-Adult**

### ***Pediatrics (see also Allergy, Audiology, Cardiology, Dermatology, Mental Health-Pediatric, Ophthalmology)***

Orillia Pediatric Teaching Associates: can send referral to group and next available will be assigned or can refer to a specific pediatrician Phone: 705-327-9188 Fax: 705-327-9189 Pediatrician on call for the day as well. Pediatricians are happy to discuss care with you. Use OSMH locating.

Barrie Paediatric Associates Phone: 705-797-0800 Fax: 705-797-0900

**Peds Referral - Children's Treatment Network Referral 2021:** hub for many pediatric services for ages 0-19, OT, PT, preschool speech and language, service navigation and co-ordination. Some PT can be arranged through the CTN navigator. Psychology and social work on a limited basis through the early intervention part of the program for patients in York or Simcoe Counties. [Children's Treatment Network Referral Information and Forms](#)

#### **Peds Referral – Children's Treatment Network (CTN) Request for Pediatric Feeding Services**

**CFHT Referral-School Success Program 2023:** Limited to Orillia and area public and catholic elementary and high schools (all schools within Orillia, plus Rama Public School, Severn Shores, Brechin Public, Warminster Public School, Coldwater Public, East Oro, Marchmont, Moonstone, Foley Catholic School, and Mnjikaning Kendaaswin Elementary School. Private and Montessori schools can also access. Out of area can be referred to Dr. Meeder Phone: 705-526-0567 Fax: 705-526-2462

**Peds Referral – Barrie and Community FHT School Success Program** for students attending elementary school in Barrie. For more information call Barrie Family Health Team Phone: 705-721-0370 Ext. 3

eCHN (electronic Child Health Network): online portal direct referral to HSC specialty clinics. See onboarding information in section 2. Separate from Telemedicine

OSMH Breastfeeding Clinic: RN support for breastfeeding Phone: 705-325-2201 Ext. 3573 Fax: 705-327-9167

HANDS Family Help Network, Parry Sound, Muskoka: autism and behavioural services, child and youth mental health, developmental services-similar to CTN Phone: 1-705-475-2293 or Toll Free: 1-800-668-8555 Email: [info@handsfhn.ca](mailto:info@handsfhn.ca) 24/7 Crisis Line: 1-844-207-9072 [www.thefamilyhelpnetwork.ca](http://www.thefamilyhelpnetwork.ca)

Dr. Lukas Kieswetter, Barrie: pediatric derm + cosmetics **Lukas W. Kieswetter-Pediatric Dermatology** Phone: 705-735-4483 Fax: 705-915-0551

OSMH Indigenous Pediatric System Navigator: Gwen Beaver Phone: 705-325-2201 Ext. 6291

**OSMH-Regional Paediatric Asthma Clinic Referral 2020:** pediatrician assessment and follow up. RT education

Private Psychoeducational Assessment Options, Orillia and Area

RVH Pediatric Asthma clinic Phone: 705-739-5604

**OSMH-CHAT Clinic Referral (Doctors or NP/IHP Form):** OSMH, Choosing Healthy Actions Together, multidisciplinary, family focused, to address childhood obesity- kinesiotherapist, dietitian, pediatrician.

One Kid Place: speech, development concerns, OT, speech and hearing, autism, etc. For kids outside of Barrie catchment (i.e. Huntsville and Muskoka) Phone: 1-705-789-9985 Fax: 1-705-789-1115, Parry Sound Phone: 1-705-789-9985 x-5823 Fax: 1-705-789-1115, online referral form <https://www.onekidsplace.ca/referral-form>

Catulpa Community Support Services, Orillia: providing community services and support for people with unique and special needs Phone: 705-733-3227

Simcoe County Early Intervention Services: provides young children (up to 6 years old) with special needs and their families with a wide range of services and supports through early identification and treatment as well as to those who may be at risk of experiencing barriers to development, who live in Simcoe County [www.earlyintervention.simcoe.ca](http://www.earlyintervention.simcoe.ca)

Simcoe County Resource Consultation Services (SCRCs): support services for children at risk for developmental delay, to age 6 Phone: 705-302-0078 Fax: 705-739-5674

HSC-Scoliosis Fax: 1-416-813-6749

HSC-Urology Phone: 1-416-813-7869 Fax: 1-416-813-7869 also use eChiN

Sleep Studies, see ***Sleep Medicine***

Dr. Carol Durno, Toronto: pediatric gastroenterology Phone: 1-416-281-7476 Fax: 1-416-281-7313



Dr. Dylan Hoare, Barrie: does circumcisions, pediatric urology, see ***Urology***

Dr. Ann Grace, Willowdale: pediatric surgeon/hernia specialist Phone: 1-416-756-6223 Fax: 1-416-756-6853

Dr. Nicola Jones-Stokreef, Orillia: developmental peds ie ASD, refer to Orillia pediatrician first and they will refer on Phone: 705-326-2214 Fax: 705-326-0667

Dr. Wayne Langburt, Toronto: neurology, see ***Neurology***

Dr. Marcon, HSC, Toronto: pediatric gastroenterology Phone: 1-416-813-7735 Fax: 1-416-813-6531

Dr. Lynne Nield, Newmarket: pediatric cardiologist affiliated w HSC, MGH and Sunnybrook Phone: 1-905-898-5808 Fax: 1-905-898-5808

Dr. Barry Pakes, Barrie: circumcision, parental self referral \$195.00, Huronia Urgent Care Clinic Phone: 705-792-0933 Email: [safecirc@gmail.com](mailto:safecirc@gmail.com)

Dr. Ryan Smith, Orillia: OSMH pediatrician, circumcision Phone: 705-327-9131 Fax: 705-327-9189

Miller Health Physio: See ***Physiotherapy***

Dr. Tim Smith, Barrie: psychologist including psychoed assessments Phone: 705-727-1529

Lindsey Stevenato, Barrie: private pediatric OT-sensory, cognitive, fine motor Phone: 1-416-864-5644

Tranquil Home, Sharon Mills: sleep counselling for children \$250.00 Phone: 1-855-827-5377

Dr. Stephen Zborovski, Barrie: pediatric endocrinology Phone: 705-728-3766 Fax: 705-728-3757

## ***Pharmacy- Specialty and Drug Vigilance***

### **Health Canada Vigilance Adverse Reaction Reporting Form**

**CFHT Referral-Pharmacist:** medication review and consultation

### **Medical Cannabis-Shoppers Drug Mart**

LacIe Guardian, Orillia: compounding pharmacy Phone: 705-325-111 Fax: 705-325-8644, in EMR stamps many compounded combinations avail on LCP. Also call pharmacist to discuss clinical problem for suggestions

Barrie and area compounding pharmacies: TruMedica Health, Mapleview and Springwater

Bracebridge Compounding Pharmacy Phone: 1-705-646-0025 Fax: 1-705-645-1099

Bayshore Pharmacy: HCC pharmacy for end-of-life care, SRK Phone: 1-888-313-6988 Fax: 1-888-287-8577 **Palliative EOL Medications Bayshore, Palliative Sedation Therapy Form, Palliative PCA Pump Orders (or Pharmacy - Prescription for Pain Pump - North Muskoka LHIN Nov 2018), and Palliative Symptom Relief Kit-Bayshore**

## ***Physiatry (see also Pain Clinics)***

RVH-Outpatient Rehab Services, Barrie: OA, Inflammatory Arthritis, Fibromyalgia clinic Phone: 705-728-9090 Ext. 4633 Fax: 705-739-5688

Dr. Hilary Klassen, Barrie: *physiatry*, Botox (for migraines, focal dystonias, spasticity), rehab, electrodiagnostics Phone: 705-726-7427 Fax: 705-725-7313 [JS Dr. H Klassen](#) -form for Botox only

Dr. Andrew Lavigne, Barrie: physiatry, rehab, electrodiagnostics Phone: 705-726-7427 Fax: 705-725-7313

Dr. Kathryn Wilkins, Barrie, physiatry, Botox, electrodiagnostics Phone: 705-726-7427 Fax: 705-725-7313

### ***Physiotherapy and OT Services in Orillia and Area***

**OSMH-Outpatient Rehabilitation Form 2019:** physio OT, Hand therapy, speech and rehab day hospital (also see criteria for Miller Health-Miller Health Community Physiotherapy Clinic Referral Form: publicly funded physio for patients < 18y or > 65 y or on ODSP or OW or recent admissions for area of concern),

**Peds Referral - Children's Treatment Network Referral 2021:** some limited PT available through CTN navigator for patients 0-19 years old.

**Miller Health Kids Referral Form**, Orillia: play-based physiotherapy, private pay Phone: 705-327-5400 [www.millerhealth.ca](http://www.millerhealth.ca)

### **Midland Physiotherapy & Rehabilitation Centre-Outpatient Rehabilitation Form**

Physiotherapists Available for Orillia: private pay

Pelvic Health Physiotherapists Available for Orillia: private pay

Gentle Moves: dance classes for people with mobility issues, stroke, early dementia, Parkinson's, acquired brain injury. [www.whatdancecando.ca](http://www.whatdancecando.ca) Phone: 705-716-5669, Wednesday 10:00-11:00 a.m. Orillia Rec Centre

Iveta Doktor, Barrie: pelvic floor physiotherapy, Optimum Performance Physio Phone: 705-503-7890

Skill Builder, Barrie: physiotherapy + dizziness clinic, driver assessment, concussion management, serious injury Phone: 705-727-0319 Fax: 705-727-0236 [Skill Builders Medical Referral Form](#) [Skill Builders Driving Referral Form](#)

Functional Fitness, Orillia: supervised training program for patients who have become deconditioned, 2 week free trial, group and individual Phone: 705-259-2348

### ***Plastic Surgery***

Dr. John Seki, Orillia: focus on trauma and skin lesions (please send biopsy (excisional or punch) results for possible skin cancers) Phone: 705-325-6805 Private Phone: 705-325-9402 Fax: 705-325-9402

Dr. Stephanie Byun, Barrie: breast reconstruction, hand, skin Phone: 249-888-8825 Fax: 1-833-370-0300

Dr. Ken Dickie, Barrie: cosmetic only Phone: 705-726-2851 Fax: 705-726-2851

Dr. Agnes Hassa, Barrie: primary interest is breast reconstruction Phone: 705-735-9300 Fax: 705-735-9391

Dr. Kamaledin Tumi, Barrie Phone: 705-737-9235 Fax: 705-737-9469

Dr. Monica Yu, Barrie: scope includes elective hand surgery Phone: 249-888-8825 Fax: 705-915-1001

Dr. Charmaine Baxter, Barrie: scope includes elective hand surgery Phone: 705-728-9802

Dr. William Andrade, Newmarket Phone: 1-905-898-2519 Fax: 1-905-898-7239

Dr. Olubimpe Ayeni, Newmarket Phone: 1-905-853-6644 Fax: 1-905-853-1898

Dr. Casey Knight, Newmarket: hand subspecialist Phone: 1-905-895-4423 Fax: 1-905-895-8596

Dr. Richard Rival, Newmarket: ENT with exclusive practice in facial plastic surgery and rhinoplasty  
Phone: 1-905-830-6711 Fax: 1-905-898-7698

Dr. Deborah van Vliet, Newmarket Phone: 1-905-898-1814 Fax: 1-905-898-7698

Dr. Dan DeAngelis: oculoplastics, see ***Ophthalmology***

St. Michael's Hand and Plastic Surgery Service, Toronto Phone: 1-416-864-5280 Fax: 1-416-864-5612

UHN Breast Reconstruction Program, Toronto Fax: 1-416-340-4403

**Women's College Hospital - Skin Surgery Referral Form 2021:** facial MOH's surgery

### ***Plastic Surgery-Sentinel Node Biopsy***

Dr. Sara Temple, Newmarket: general surgeon Phone: 1-905-953-8838 Fax: 1-905-953-8521

Sunnybrook Odette Cancer Center Melanoma Clinic Phone: 1-416-480-6100 Ext. 2840 Fax: 1-416-480-5781

### ***Public Health***

**Pharmacy - COVID-19 Anti-Viral Eligibility - Prescriber Pharmacist Communication Form**, Orillia for Paxlovid

**Monoclonal Antibody Therapy Referral Form**—Scarborough Health Network for monoclonal antibodies

**SMDHU-Communicable Diseases Reporting Form:** Fax: 705-733-7738

SMDHU Sexual Health Clinics: STI testing, contraception, emergency contraception Phone: 705-721-7520

**SMDHU- Chlamydia and Gonorrhea Reporting Form** Fax: 705-733-7738

**SMDHU- Rabies and Animal Exposure Incident Report:** Fax: 705-725-8132 Request for post-exposure prophylaxis Phone: 705-721-7520 Ext. 8894

PH COVID- MD only line Phone: 705-721-7462 Ext. 8809

Public Health Customer Service for MDs Phone: 1-877-604-4567

Tick identification- online app etick.ca

Dr. Charles Gardiner, MOH SMDHU Phone: 705-721-7330 Ext. 7219

## ***Radiation Oncology***

**RVH-Outpatient Oncology Referral** including urgent referral

RVH Radiation Oncologists: Drs. Matthew Follwell, Julia Skliarenko, Christaan Stevens, and Tiffany Tam  
Phone: 705-728-9090 Ext. 43333 Fax: 705-739-5619

Odette Cancer Centre, Sunnybrook Phone: 1-416-480-6179 Fax: 1-416-480-4205 **Odette Cancer Centre Fax:-In Referral Form**

## ***Radiology (Imaging)***

OBSP: Orillia-OSMH and OMI, Barrie- RVH and Georgian Radiology

Breast MRI: RVH only **Imaging - OBSP Requisition for High Risk Screening March 2023**

Echo, see **Cardiology**

OSMH MRI: bore size is 60cm **OSMH-MRI Requisition 2021**. Larger patients can be sent to Lindsey Ross Memorial – MRI Requisition 2018 or Barrie RVH-MRI Requisition 2020. Very large patients can be sent to Brampton

**OSMH-PICC Line Consultation Request**

**OSMH-Interventional Procedure Request 2021 Imaging**: often helpful to discuss with radiologist on call

OSMH Nuclear Medicine Request: currently on hold with renovations as of Apr,2022. Use RVH as interim location. Includes bone, spect and renal scans **RVH-Nuclear Medicine Request Form Imaging**

**OSMH-SLP Swallowing Study Referral**: all patients must have a clinical swallowing assessment prior to referral for videofluoroscopic swallowing assessment

Vascular imaging, Orillia: OSMH does carotid doppler, venous doppler arms and legs. Orillia X-ray and Ultrasound does carotid doppler, venous and arterial doppler arms and legs, aorta and iliacs **Imaging-Orillia X-ray and Ultrasound Only Requisition**. Barrie Vascular Imaging does carotid, arterial and venous imaging incl. abd vasculature, AV graft, and echo **Barrie Vascular Imaging - Referral Form**. CT and MRI angiograms can be arranged through OSMH. Discuss with radiologist

**Georgian Radiology - Vascular and Interventional Therapies Request Form Imaging**: extensive venous and arterial imaging + interventional therapies embolization, IVC filter, varicose vein treatment

**RVH-Nuclear Medicine Request Form Imaging**: bone, gallium, thyroid uptake, renal and GI scans

A large number of other imaging requisitions for RVH, Barrie and Muskoka Algonquin Healthcare, Huntsville are available in the EMR for patients that live closer to these centers.

## ***Respirology***

**OTN COPD & Heart Failure Telehomecare Referral Form:** remote care monitoring and support for 3m for patients with COPD and/or CHF

**COHT Referral - Chronic Disease HUB Central Referral (COPD & CHF)**

**OSMH-Adult Asthma Referral:** RT led, to provide patient information regarding puffer techniques, action plan development and reinforcement, spirometry

**OSMH-Pulmonary Rehab Referral:** COPD and asthma rehab with education and exercise components

**OSMH-Cardio Respiratory Diagnostics Requisition Form:** PFTs, oximetry, ABGs, home O2 assessment, bronchial provocation testing

**RVH-Urgent Cardio Respiratory**

**RVH-Cardiac Diagnostics-Pulmonary Function Requisition 2019**

OSMH CPAP Clinic and Orillia CPAP Clinic see ***Sleep Medicine***

RVH-Adult COPD and Asthma Clinic Referral Phone: 705-728-9090 Ext. 23300 Fax: 705-728-3039

St. Michael's Respiriology Clinic, Toronto Phone: 1-416-864-5408 Fax: 1-416-864-5650

Dr. Masoud Mahdavian, Barrie: **Respirology Referral (Adult) - Dr. Masoud Mahdavian** Phone: 705-230-3199 Fax: 705-915-0919

Dr. Adarsh Tailor, Barrie: adult respirology Phone: 705-721-0370 Fax: 705-797-2033

Dr. Hasan Al-Janabi, Newmarket: interest in p. fibrosis and ILD Phone: 1-905-235-9220 Fax: 1-905-235-9221

Dr. Punam Nimchonok, Markham, Phone: 1-905-554-4686 Fax: 1-905-554-5727

York Allergy, Asthma and Immunology Center, Richmond Hill Phone: 1-905-884-5638 Fax: 1-905-884-8068

Dr. Moiz Zafar, Newmarket: adult respirology Phone: 1-905-954-1500 Fax: 1-905-954-0744

Respiratory Suppliers (incl. O2) Orillia: **Oxygen Therapy Referral-Medigas , Oxygen Therapy Referral-ProResp, Oxygen Therapy Referral-Vital Aire**

## ***Rheumatology***

RVH-Outpatient Rehab Services, Barrie: OA, Inflammatory Arthritis, Fibromyalgia clinic Phone: 705-728-9090 Ex.4633 Fax: 705-739-5688

Arthritis Society- currently an online (Zoom) PT/OT and SW education and support program for children and adults with arthritis. Help with sleep, mindfulness and functional limitations. Patient can self refer online at Arthritis Society [www.arthritis.ca](http://www.arthritis.ca) for Arthritis Rehabilitation and Educational Program (AREP) Phone: 1-800-321-1433 **Arthritis Rehabilitation and Education Program Referral – The Arthritis Society**

Dr. Alan Borowoy, Barrie Phone: 705-881-9810 Fax: 705-915-3500 **Rheumatology Referral - Intake Form - Dr. Alan Borowoy**

Dr. Derak Haaland, Barrie: rheumatology + allergy, immunodeficiency Phone: 705-734-3943  
**Rheumatology Referral - Waterside Clinic – Dr. Haaland Rheumatology/Immunology/Allergy Referral  
2024 Rheumatology Referral - Waterside Clinic –Dr. Haaland Early Inflammatory Arthritis Clinic  
2024(form mandatory for referral)**

Dr. Jessica Salituri, Barrie Phone: 705-881-9810 Fax: 705-915-3500 **Rheumatology Referral - Intake  
Form - Dr. Jessica Salituri**

Dr. Vikram Tangri, Barrie: RA, Psoriatic Arthritis, Ankylosing Spondylitis Phone:705-881-9810 Fax: 705-915-3500

Dr. Ken Yuen, Barrie Phone: 705-792-6593 Fax: 705-792-4325

Dr. Michael Aubrey, Newmarket Phone: 1-905-853-1843 Fax: 1-905-853-1843

Dr. Nooshin Samadi, Newmarket, Phone: 1-905-235-5738 Fax: 1-905-235-5738

Dr. Richard Tse, Newmarket Phone: 1-905-895-1666 Fax: 1-905-895-2413

Dr. Zeiadin, Newmarket Phone: 1-905-895-166 Fax: 1-905-895-2413

## ***Sleep Medicine***

**Sleep Clinic Referral - Orillia CPAP Clinic Referral 2022**, 119 Memorial Ave. Orillia Phone: 705-558-9881  
Fax: 705-558-9899

**Sleep Clinic Referral- RVH Sleep Study Requisition:** sleep study alone or in consultation Phone: 705-739-5604 Fax: 705-739-5651

**Sleep Clinic Referral- Barrie Sleep Disorders Clinic Referral Form**

**Sleep Clinic Referral-Stevenson Memorial**

**Sleep Clinic Referral- Hospital Alliance Group**

**Sleep Clinic Referral-Woodbine Steeles Sleep Clinic**, Markham: Dr. Raymond Ng affiliated with CFHT  
Phone: 1-416-628-4010 Fax: 1-855-715-7155

**Sleep Clinic Referral-Sleep and Alertness Clinic Assessment Requisition Form**, Toronto: Phone: 416-837-8181 Fax: 647-427-4928

**Sleep Clinic Referral-Your County Sleep Disorders Clinic Referral Form**, Newmarket: Phone: 905-895-3487 Fax: 905-895-5364

Sunnybrook Sleep Consultation Request

Dr. Donald Farquhar: DDS for mandibular advancement for OSA, see ***Dental***

Dr. Brian Murray, Sunnybrook: neurologist Phone: 1-416-480-6100 Ext. 2461 Fax: 1-416-480-6092

Tranquil Home see ***Pediatrics***

## Social Services

Home and Community Care: your assigned HCC connector is a good resource. If you do not know who your connector is contact Margaret (Peggy) Hughes Manager, Home and Community Care at [margaret.hughes@hccontario.ca](mailto:margaret.hughes@hccontario.ca) or Phone: 705-721-8010 x2207

**Community Paramedicine Home Visit Referral Form - Simcoe County 2022:** paramedic support for vulnerable patient in the community with chronic disease(s) i.e. CHF, COPD, DM (**Community Paramedicine Home Visit Referral Form – Muskoka Area 2021** for patients living in Muskoka)

**CFHT Referral-Complex Care Team - Includes Consent:** multidisciplinary team to address chronic medical conditions complicated with frailty, social isolation, mental health issues, cognitive impairment, failure to cope, etc

**211 Couchiching FHT Referral Form 2020:** social work CFHT program for financial help, food insecurity, legal, social isolation, housing, personal care including dental and bedbugs

Couchiching Jubilee House: long term transitional housing and support for vulnerable women and their children Phone: 705-326-4337 Email [hello@jubileehouse.ca](mailto:hello@jubileehouse.ca)

Lighthouse Soup Kitchen and Shelter: homeless shelter for men, women and children, limited long term transitional/supportive housing as well. Medical clinic in-house with provision of care by NP, paramedics and FPs. Phone: 705-329-2265 Fax: 705-329-3621

JS CMHA Safe Bed Referral Form: up to 2 week transitional housing for stable individual already engaged with community mental health services

Helping Hands: Meals on Wheels, caregiver relief and transportation. Also Transitional Bed Program for up to 90 days of 24/7 site supervision for patients requiring palliative, respite of support after discharge from hospital Phone: 705-325-7861

[www.NSMhealthline.ca](http://www.NSMhealthline.ca) : full listing of health-related programs in North Simcoe Muskoka with subsection for Orillia

Information Orillia: [www.informationorillia.org](http://www.informationorillia.org) Phone: 705-326-7743 offers financial literacy, income tax filing, system navigation and rental housing listings

**OWLS Application Form:** Orillia Wheelchair Limousine Service

Sharing Place Food Centre, Orillia: **Sharing Place Social Prescription Form:** support for food insecurity Phone: 705-327-4273

## Sports Medicine

Dr. Margaret Burghardt, Orillia: **Sports Medicine Referral - Dr. Burghardt Sports and Exercise Medicine** Phone: 705-327-7876 Fax: 705-327-9064 Barrie office: adults and pediatrics, US guided injections, sports concussion management Phone: 705-896-6863 Fax: 705-252-3311

**Sports Medicine Referral - Sports Medicine and Rehabilitation,** West Ridge, Orillia: multidisciplinary team Phone: 705-325-2200 Fax: 705-325-6452

**Reactivate Sports Medicine (Huntsville)** Phone: 705-789-7600 Fax: 705-789-1509

Dr. Richard Goudie, Barrie Phone: 705-734-3340 Fax: 705-734-9210 Fax: 705-739-2377

Dr. Derek Makesy, Barrie Phone: 705-725-1050

Dr. Janet McMordie, Orillia: PRP. No WSIB, no MVC, no back pain Phone: 705-326-9977 Fax: 705-326-0473 [Dr. Janet McMordie Back To Function Referral Form](#)

Fowler Sports Medicine Clinic, London Phone: 1-519-661-3011 Fax: 1-519-661-3379

Dr. Michael Sawa, Toronto: sports neurology, see **Neurology**

## ***Thoracic Surgery***

Simcoe Muskoka Regional Care Program: diagnostic assessment of thoracic suspicion of cancer (thoracic DAP) Dr. Carmine Simone Phone: 705-728-9090 Ext. 43144 Fax: 739-5636 **RVH-Thoracic, Rectal and Suspicion of Cancer DAP**

York Thoracic Surgery Associates, Newmarket: **Thoracic Surgery Referral - York Thoracic Surgery – Drs. Toth and Privitera** Drs. El-Sherif, Privitera and Toth. Lung surgery, hyperhidrosis surgery, sympathectomy, Nissan fundoplication, esophagectomy . Outreach clinics at OSMH by Dr. Toth Phone: 1-905-853-5864 Fax: 1-905-853-5865

## ***Travel Medicine***

GTA Travel Clinic and Vaccination Centre, Barrie Phone: 1-844-303-1900

Huronion Travel Clinic, Barrie Phone: 705-727-1116 Fax: 705-739-8404

Passport Health, Barrie Phone: 705-881-9843

Simcoe Travel Clinic, Midland Phone: 705-526-0057 Fax: 705-526-1537

## ***Urology***

Drs. Tyler Gray and Derek Bos, Orillia Phone: 705-325-0880 Fax: 705-325-1690

Dr. Michael Di Lena, Barrie Phone: 705-915-3800 Fax: 705-728-0222

Dr. Kristen Foell, Barrie Phone: 705-728-2280 Fax: 705-728-0033

Dr. Cory Hartsburg, Barrie Phone: 705-728-2280 Fax: 705-728-0033, circumcision

Dr. Dylan Hoare, Barrie Phone: 705-727-0551 Fax: 705-915-0484

HSC Urology, Toronto Phone: 1-416-813-7869 Fax: 1-416-813-7869

Dr. Angelo Iocca, Barrie Phone: 705-792-6796 Fax: 705-792-6890

Dr. Barry Pakes, Barrie: circumcision, parental self referral \$195.00 Huronia Urgent Care Clinic Phone: 705-792-0933 Email: safecirc@gmail.com



Dr. Jonathon Rhee, Bracebridge: participates in regional call Phone: 1-705-646-2113 Fax: 1-705-646-1473

Dr. Dean Elterman, UHN: sacral neuromodulation therapy for OAB and urinary retention Fax: 1-416-603-5099

Dr. Sidney Radomski, TWH, Toronto: OAB is specialty Phone: 1-416-603-5713 Fax: 1-416-603-5391

Dr. Roland Sing, Mississauga: **Gentle Procedures Clinic Referral-Vasectomy –Dr. Roland Sing** same day vasectomy

## ***Vascular Surgery***

Barrie Vascular Associates: Phone: 705-728-8778 or 705-722-8738 Fax: 705-728-3053

Barrie Vascular Surgeons: Drs Cooper, Ducas, Jamshidi and Devrome Phone: 705-881-1010 Fax: 705-881-1080 **Vascular Surgery Referral – Cooper, Ducas, Jamshidi and Devrome**

### **Barrie Vein Clinic**

### **Barrie Vascular Imaging-Referral Form**

### **RVH – Vascular Ultrasound Requisition 2021 Imaging**

Dr. Andrew Dueck, Sunnybrook, Phone: 1-416-480-6947 Fax: 1-416-480-5815

Dr. Alan Lossing, Newmarket: Phone: 1-905-953-8787 Fax: 1-905-953-0330

**Georgian Radiology - Vascular and Interventional Therapies Request Form Imaging:** Extensive interventional procedures. See req.

Martin's Rejuvenation Clinic, Barrie: varicose vein injection Phone: 705-735-0639 Fax: 705-721-8437

Dr. Scott Powell, Barrie: varicose vein surgery Phone: 705-720-2109 Fax: 705-720-2109

Southlake Vascular- Vein Clinic: varicose veins, spider veins, DVTs, varicose leg ulcers Phone: 1-905-953-0944 Fax: 1-905-953-0943

## ***WSIB***

Office of the Worker Adviser- WSIB representatives Phone: 1-800387-7495 Fax: 1-416-235-5594

Ontario Workers Network, OSMH: upper and lower extremity Phone: 705-558-1700

WSIB CT/ MRI imaging at OSMH: use same MRI/CT req must have claim number on it Fax: 705-330-3224 or Toll free 1-866-307-1247

Ontario Workers Network, see **Orthopedics**

## ***Misc. Programs and Subspecialties***

OSMH Sexual Assault/Domestic Violence: regional program, access through OSMH switchboard, ask for SA/DV RN on call

Dr. Mark Tarnopolsky, Hamilton: neuromuscular, neurometabolic disorders Phone: 1-905-521-2100 Ext. 77933 Fax: 1-905-521-2638

### ***Community Services***

Orillia Community Support Services: lists of retirement homes including respite programs, housekeeping and nonmedical services, prepared meal services, transportation, and medical alert systems.

Happy at Home: private PSW, RPN and RN services, Sheona Kloostra, owner Phone: 705-326-9355

Heart to Home: private, delivered, prepared meals for seniors including minced, pureed and thickened meals Phone: 1-866-933-1516

Ontario Health At Home <https://ontariohealthathome.ca>

North Simcoe Muskoka Healthline: Phone: 310-2222 or Website: [nsmhealthline.ca](http://nsmhealthline.ca) is a good resource for local community supports

OSMH- Meals Made Easy Order Form Phone: 705-325-2201 Ext.3228 Pickup Monday-Friday 8:00a.m.- 2:00 p.m. in cafeteria. Prefer patients call ahead to place order-prices subject to change from those on order form

### ***RVH Medical Staff Address List***

On line listing of all RVH MDs and midwives:

<https://www.yumpu.com/en/document/read/35832521/medical-staff-address-list-royal-victoria-hospital>

## **Section 2: Ontario Programming Requiring Registration- For PCPs**

### **ONE ID**

Secure credential to allow access to provincial digital health services. Can apply through CPSO or through the FHT. (Lisa Blevins at Couchiching FHT Email: [helpdesk@cfht.ca](mailto:helpdesk@cfht.ca) or [www.ehealthontario.ca](http://www.ehealthontario.ca) )

### **OTN-Ontario Telemedicine Network**

Free secure platform for providing virtual care via teleconferencing platform. You need to use this or other validated platforms to bill OHIP usual codes for telemedicine appointments. Here is a list of validated vendors (including Telus): <https://www.ontariohealth.ca/our-work/digital-standards/virtual-visits-verification-standard/vendor-list>

If using non-validated teleconferencing platforms K codes are billed (K codes subject to change Oct 1, 2022). As well, OTN also provides access to eConsult. This is a quick access point for consults that do not require in person consultant appointments. The consultant responds typically in 1-2 days. Occasionally there is an offer to see the patients but mostly they give advice. Embedded in the program is a list of consultants on this platform. There is a small fee payable to the PCP once the process is complete (K738 paying \$16.00). Contact OntarioMD for support in setting up. Currently Cath Coleman is the local contact (Email: Catherine.Coleman@ontariomd.com Cell: 705-826-0211). Alternatively, you can go to [www.otnhub.ca](http://www.otnhub.ca) and click on “Not a member? Sign up for OTN hub”. You will need your ONE ID credentials. Your admin staff will also need to be signed up to be able to book these appointments for you. Jennifer Maxwell (CFHT) is helpful for this part of the process ([j.maxwell@cfht.ca](mailto:j.maxwell@cfht.ca)).

OTN-OHIP Virtual Care Physician and Dentist Registration Form needs to be completed to bill routine codes. [https://dropbox.otn.ca/files/ohip\\_virtual\\_care\\_physician\\_registration\\_form.pdf](https://dropbox.otn.ca/files/ohip_virtual_care_physician_registration_form.pdf)

OTN Training Center is a document to help support your staff in assisting patients to log on to the program: <https://training.otn.ca>

### **Connecting Ontario**

View only of patient’s hospital reports including consults, imaging reports, and discharge summaries. For PCPs on the CFHT server the FHT needs to set up for you. Contact Lisa Blevins via Email: [helpdesk@cfht.ca](mailto:helpdesk@cfht.ca) For non FHT server PCPs, you can register through Cath Coleman at OntarioMd (Email: Catherine.Coleman@ontariomd.com Cell: 705-826-0211) or [www.connectingontario.ca](http://www.connectingontario.ca) or 1-866-250-1554. This platform may be helpful with intake of new and complex patient.

### **Digital Health Drug Repository (DHDR)**

Direct access from your EMR for record of patient's dispensed prescriptions. Contact [support@ontariomd.com](mailto:support@ontariomd.com) to register.

### ***SADIE-Digital Portal for Accessing Exceptional Access Program***

Register at [www.ontario.ca/SADIE](http://www.ontario.ca/SADIE). You will need your Go Secure information (GoSecure email address and password). Select from the drop-down window "Special Authorization Digital Information Exchange". Your admin staff can also be signed up as designates to help complete the form. They will also need their own GoSecure account (CFHT supported).

### ***eCHN-Electronic Children's Health Network***

Online referral portal. Register at <https://www.echn.ca/healthcare-providers/>. Again, with this platform you don't need to have to know the name of a specific specialist but instead refer to the specialty i.e. scoliosis clinic at HSC. If you have not used the portal in awhile you will need to reset your password. Good support from the help desk in this regard.

### ***SARS-Screening Activity Report***

Online report delivered quarterly via email regarding your practice cancer screening activity (pap, CRC screening and mammograms). Comparisons in each of these parameters to your FHO, LHIN and provincial peers. Email to register at [ONEIDBusinessSupport@ehealthontario.ca](mailto:ONEIDBusinessSupport@ehealthontario.ca). Include your full name and CPSO number in the email. Dr. Danusia Gzik is our regional primary care lead in this regard and can be a resource as to how to leverage the report (Email: [GzikD@rvh.on.ca](mailto:GzikD@rvh.on.ca)).

### ***Health Quality Ontario***

Register to receive practice reports regarding your preventative care, diabetes care, antibiotic and narcotic prescribing, and emergency department usage. Also included are practice demographics. Comparisons to local (FHO and LHIN) and provincial averages. You are also able to track your own practice longitudinally. Reports are provided to you via email link twice per year. The link to register and for more information is [www.hqontario.ca/pcreport](http://www.hqontario.ca/pcreport)

### ***Ocean by CognisantMD***

Subscription based add on service to the EMR. Allows for emailing of forms (i.e. COVID screening, Rourke, PHQ-9, etc) prior to appointments and securely delivered into the patient EMR chart. Alternatively, the questionnaire(s) can be completed via a tablet in the office. Other newer functionalities include appointment reminders and secure patient messaging. See more online. Contact is Stephen Graper ([stephen.graper@healthcaretogether.ca](mailto:stephen.graper@healthcaretogether.ca))

New functionality to make referral from Ocean platform. This service is free. Limited functionality currently (Spring 2023).

### ***Rapid Access Clinic-Low Back Pain***

This is an Ontario-wide program with our regional clinic hosted at the CFHT. Primary focus is for patients who may benefit from either a surgical intervention (prolonged degenerative disc pain or spinal stenosis) or injection therapy (different from epidural steroid injection provided in OSMH pain clinic; facet joint injections, medial branch nerve block and radiofrequency ablation). There is a standard assessment provided by a local practitioner (locally Chad Watters at Lake Country Physio) who can refer along to the local clinical lead (Dr. Mike Duffy, chiropractor) if indicated. The clinical lead is in communication with the neurosurgeon to review the clinical presentation and imaging via Connecting Ontario to determine if patient should have imaging (if not already done) or be assessed by the neurosurgeon or referred for injection therapy. Both local assessors will advise the patient about appropriate exercises. There is no hands-on therapy provided. Referrals and any imaging are arranged by the clinical lead. The PCP will receive all reports. There is a short on boarding process in order to refer: [RAC-LBP Registration - RAPID ACCESS CLINIC LOW BACK PAIN \(lowbackrac.ca\)](https://www.rac-lbp.com/) Dr. Mike Duffy can further advise if you have questions (Cell 705-826-021 Email: m.duffy@cfht.ca).

### ***PrescribeIT***

Free newer national e-prescribing service. Embedded into EMR. Allows for direct communication via EMR messaging by pharmacists to you- so less faxes, better communication, etc. Michelle Culverwell can help with on boarding. (email [mculverwell@infoway-inforoute.ca](mailto:mculverwell@infoway-inforoute.ca)) Application of interest at <https://www.prescribeit.ca/get-started>

Training module/ demonstration [https://prescribeit-infoway.talentlms.com/index?\\_ga=2.149681717.281733385.1648041787-173963283.1648041787](https://prescribeit-infoway.talentlms.com/index?_ga=2.149681717.281733385.1648041787-173963283.1648041787)

Or within Telus EMR go to top toolbar > Help> Show Help> eLearning courses>PrescribeIT course.

### ***SMDHU STI Medication Program***

Public Health provides the following free medications to allow for treatment at the appointment of known or suspected STIs-Ceftriaxone 250mg IM, Azithromycin 250mg x 4 doses packages, Doxycycline 100mg bid x 7 days packages. Public Health Nurse will come to office with first supply of all and review order and reporting forms with staff. Phone: 705-721-7520 # 3 to arrange an appointment.

### ***Telus EMR***

Help tab on the top banner can allow access to several EMR supports.

1-Help> External Resources>frequently used links have been added for EMR users (i.e. SMDHU, LU codes, CCO, CDC). More links can be added at the Manage Resources tab. If on the FHT server please discuss any new adds with the IT department.

2-Help>Show help> Configurable Content library> Custom Forms Library (no need to register for this). If on FHT server discuss any adds with the IT department.

3-Help>External Resources>PS Suite Community Portal (need to register for this at the home page of the portal). Tabs for FAQs, submission of suggestions for Telus enhancements, training materials and sharing of files.

## **WSIB**

Health Professional Application for WSIB Billing Number: [Fill - Health Professional's Application for WSIB Billing Number](#) Number can be assigned to the clinic or individual MDs.

## **CME**

### ***Continuing CME Available Locally***

OSMH hosts regular rounds on Thursdays from mid September to June. Due to the pandemic the rounds are currently held via Zoom. Prior to the pandemic they were in the Brian McGugan room (up the ramp past the cafeteria). It is unsure when in-person rounds will resume. An email reminder is sent the day before with the speaker a presentation title. If you are not receiving these reminders (and want to) contact Jennifer Ashton, Administrative Assistant, Medical Affairs Office ([jnashton@osmh.on.ca](mailto:jnashton@osmh.on.ca)). A calendar of dates is distributed in early September. The schedule is as follows: perinatal rounds the first Thursday of the month, ER rounds on the second Thursday of the month, departmental rounds on the third of the month and grand rounds on the last Thursday of the month.

### ***Problem Based Small Group Learning***

There are currently 2 active groups in Orillia meeting monthly. Both are willing for new members to audit a session or two. Alternatively, both leads would be willing to mentor regarding starting a new group. Leads are Ravi Aggarwal (Email: [raggarwal0088@rogers.com](mailto:raggarwal0088@rogers.com)) and Tory Archer and Kelly Mollon (co-leads) (Emails: [kelly.mollon@gmail.com](mailto:kelly.mollon@gmail.com), [tory.archer@gmail.com](mailto:tory.archer@gmail.com)). Earn 3 certified group learning Mainpro credits per hour.

## **OMA Contacts**

Local administrative OMA representative is Michael Barker (Email: [Michael.barker@oma.org](mailto:Michael.barker@oma.org)). Local MD OMA representative is Sandy Tigchelaar (Email: [dr.stigchelaar@rogers.com](mailto:dr.stigchelaar@rogers.com))

## **PaRx**

Newer program: prescribers register and are provided with script pads for nature prescriptions to promote mental and physical health. Prescribers can prescribe free 1-year long Parks Canada Discovery passes at a rate of 1/month. <https://www.parkprescriptions.ca/en/log-your-parx>

## **Privacy**

Kim Leatherdale, Administrator Orillia and Couchiching Family Health Organizations is Chief Privacy Officer for both groups should you have any privacy questions Email: [k.leatherdale@cfht.ca](mailto:k.leatherdale@cfht.ca) . All physicians are required so to be familiar with all FHO Privacy Policies, available from Kim, and to sign annual Confidentiality Pledges in regards to Personal Health Information. Forms that are may be required to meet requests of patients are in the EMR for easy access: **Privacy-Consent to Disclose Personal Health Information, Privacy-Patient Lockdown Request and Privacy-Request for Correction of Personal Health Information**. Most up to date requirements regarding Personal Health Information can be found at <https://www.ipc.on.ca>

### ***Section 3: Leadership/Volunteer Opportunities for PCPs***

Orillia, like many other communities, relies on physicians to provide their expertise and some time for nonclinical work. Some positions are remunerated. All are much appreciated. Below is a list of some of the positions that benefit from participation by PCPs. Many committees meet quarterly, others meet monthly, and others are ad hoc. A \$ symbol is beside the remunerated positions. Typically, a call/invitation for an open position occurs at a FHO meeting, hospital family practice meeting or at a quarterly Credentialed Staff Association meeting. Please consider assisting in this regard.

#### ***Family Health Organization***

FHO Lead Physician (\$)

FHO Board members (\$)

FHO members are paid from Group Management Leadership Payment funds set aside for this purpose, to participate in otherwise non-remunerated CFHT committee work and CFHT Board participation.

#### ***Couchiching Family Health Team***

CFHT Lead Physician (\$)

CFHT Board members

CFHT committees- Quality Improvement Committee, IT Committee, Clinical Programs Committee

RAC LBP Lead MD (\$)

#### ***Couchiching Ontario Health Team***

Lead MD (\$)

COHT committee work pays \$160/hour. The following are the committees- Addictions, COHT Collaboration Table, Congregate Settings, Digital Health, LTC Working Group Mental Health, Performance and Measurements, Palliative Care, Primary Care Council, and Social Determinants of Health.

Ad hoc projects may also be remunerated with application to the board.

#### ***Orillia Soldiers Memorial Hospital***

Chief of Staff (\$)

Chief of Family Practice (\$)

Chief of Emergency Medicine (\$)

Program Medical Director-Medicine, Patient Flow, Integrated Care (\$)

Program Medical Director-Women and Child, Mental health, Pharmacy (\$)

Program medical Director-IPAC (\$)

Program medical Director- Quality Experience and Safety Team (QuEST) (\$)

Medical Informatics Lead (\$)

GP/OB Lead (\$)

Emergency Medicine Quality and Trainee Liaison Lead (\$)

Acute Care Hospitalist Lead (\$)

Mental Health Hospitalist Lead (\$)

Antimicrobial Stewardship Lead (\$)

Medical Trainee Education Lead (\$)

Other committees – Credential Committee, ED Care Team, Diversity and Equity Working Group, Fiscal Advisory Committee, Inter-professional Practice Committee, LGBT Committee, Opioid Stewardship Committee, Patient and Family Advisory Council, Pharmacy and Therapeutics Committee and Research Ethics Review Committee

### ***OSMH Credentialed Staff Association***

President (\$)

Vice president (\$)

Treasurer (\$)